



Take a Ride on Strasburg Railroad through Lancaster County Countryside ... page 14

INSPIRATIONS

Inspiring Things to Do, Learn and Share



“Your life is enriched with meaning when you allow yourself to become inspired, set goals, and charge after them with passion.”

— American Author Dr. Julie Connor

PROGRAM OFFERINGS

*Program offerings are listed alphabetically by category.
For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
WELLNESS		
Fitness Classes		
Silver Sneakers Strength	Wed	1
ZOOM Chair Yoga	Mon	1
ZOOM Zumba	10/4, 11/1, 12/6	1
Wellness Programs		
10 Keys to Healthy Aging	10/6, 10/10	2
BeWell Kitchen	3rd Wed	2
Blood Pressure Clinic	1st & 3rd Thurs	2
Scam Awareness & Fraud Ed.	11/7	2
Understanding Alzheimer's & Dementia	10/13	2

SPIRIT		
Angel Readings	10/24, 11/28	3
Grief Support Group	3rd Thurs	3
Spiritual		
Advent Midweek Worship Service	12/14, 12/21	4
Bible Study Darrell Hagler	Every Other Sun	4
Faith Sharing	Wed	4
A Brief Encounter with the Gospel of John	11/2, 11/9, 11/16, 11/30	4
Christmas Day Worship Service	12/25	4
Honoring our Neighbors Faith	10/5, 10/12, 10/19, 10/26	4
Lights!	12/7	4
Thanksgiving Eve Worship Service	11/23	4

MIND		
Educational Programs		
Classic Movie & Discussion with Rich Santel		
Casablanca	10/20	6
Vertigo	11/10	6
It Happened on 5th Avenue	12/15	6
Guitar Lessons with Quentin Jones	Tues	5
The Haunted Susquehanna	10/6	6
Fall Life-Long Learning Series		
Night Wonders of Astronomy	10/14	7
From Aspirin to the Zipper	10/21	7
Life & Legacy of S. Morgan Smith	10/28	7
Slate: The Delta Story	11/18	7
War in Russia 1941-1945	10/11, 10/18	6
Technology		
Gifts and Gadgets	11/29	7
Technology and You	Tues	7
Technology Q&A	12/27	7
Transportation Apps	10/25	7
Creative Arts		
Art Journaling	11/14	8
Christmas Craft Fair Class Series		
Holiday Wood Craft	10/13	8
Candy Sleigh & Paper Craft	11/3	8
Finishing Touches	11/29	8
Creative York Art Class		
Mixed Media	10/25	8

Indicates special programming or initiative throughout all SpiriTrust Lutheran® Senior Living Communities.



Please note that programming details are subject to change. Refer to the Monthly Events Calendar or Weekly Update for any additions, deletions and changes.

PROGRAM OFFERINGS

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For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
SOCIAL		
ALLVETS: A Veteran Legacy Project		9
Conversation Café	Fri	9
Happy Hour	11/30, 12/19	10
Ice Cream Social	10/31, 11/21, 12/26	9
Movie Matinee	10/7, 11/4, 12/2	10
New Resident Welcome Party	10/11	10
Star Wars Movie Marathon Series		
A New Hope	10/10	10
The Empire Strikes Back	10/17	10
The Return of the Jedi	10/31	10
The Force Awakens	11/7	10
The Last Jedi	11/21	10
The Rise of Skywalker	12/5	10
Theatre		
American Music Theater	12/8	13
Dreamwrights Theater	11/14	13
Rainbow Ministry Puppet Theater	12/17	13
York Symphony Concert Series		
Tchaikovsky's 5th	10/3	13
Nosferatu "Dracula"	10/24	13
Copland & Bartok	11/14	13
Holiday POPS Spectacular	11/28	14
Recreational		
500	varies	11
Bingo		
Resident Hosted	First Sat	11
Quickel Church	10/19, 11/16, 12/12	11
Board Game Mixer	10/15, 11/26, 12/10	10
Game Night	Fri	10
Mexican Train Dominoes	Sat	10
Pinochle	Sun	10
UNO Flip	varies	11
Wii Bowling	Mon, Tues	11
Trips		
Burning Bridge Antiques Market	11/14	15
Christmas Lights Trip	12/14	15
Civil War History Bus Tour	10/7/14	
Guided Nature Walk Codorus Park	10/4	14
Heroes among Us Veterans		
Dinner & Entertainment	11/12	14
I Heard the Bells		15
Lunch out / South County Brewery	10/21	14
Markets at Shrewsbury &		
Brown's Orchard	11/4	14
National Christmas Center	12/1	15
Sprenkle Drive Craft Fair	11/9	14
Take a Ride on Strasburg Railroad	10/12	14

Shopping			
Boscov's & Galleria Mall	10/17, 11/21, 12/12	15	
Walmart	1st Wed	15	
Weis Market	varies	15	
Gardening			
Dirty Fingernails Garden Club	varies	15	
Musical Performances			
Gaither Concert Series			
Gaither Concert in Jerusalem	10/17	13	
Israel Homecoming	11/22	13	
Joy in the Camp	12/29	13	
Ol' Tyme Country Christmas Show	11/19	13	
Singing with Sheila Crew -			
Christmas Songs	12/6	13	
Singing with Sheila Crew -			
What's In a Name?	10/8	13	
Dining			
Destination Dinner:			
Jamaica	11/8	11	
Holiday Meals			
Christmas Day Curbside Meal	12/25	12	
New Year's Eve Curbside Meal	12/31	12	
Thanksgiving Curbside Meal	11/24	12	
Kelly Fresh	11/18	11	
Pizza Party	10/27	12	
Pretzel Sale	10/20, 11/17	12	
Resident Breakfast	10/20, 11/22, 12/20	12	
Resident Hosted Lunch Out	10/18, 11/15	11	
Special Events			
Annual Christmas Craft Fair	12/5 - 10; 12/15 - 17	12	
Christmas Luncheon	12/13	12	
Christmas Dinner & Enter.	12/7	12	
COMMUNITY			
CommUNITY Spirit			
2023 Cruise Info Session	10/24	16	
Alzheimer's Association Fundraisers			
Carry-Out for a Cause	10/14	16	
Walk to End Alzheimer's	10/29	16	
Auxiliary to SpiriTrust Lutheran	10/26	16	
Our Community			
Committees & Groups	varies	16	
Residential Living Association	10/3, 12/5	16	



Taking care of not only your body to maintain and improve physical strength and function but also making positive choices to nourish your body so that it can be as healthy as possible.

Fitness

ONGOING CLASSES

Zoom Chair Yoga

Seated yoga class that includes basic traditional postures, flows and balance work. This class will leave you feeling refreshed mind, body and spirit.

Monday

9:30 am

Fellowship Room for group Zoom class/Virtually from home

Silver Sneakers Strength with YMCA of the Roses

Have fun and move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand-held weights, elastic tubing with handles and Silver Sneakers ball are offered for resistance and a chair is provided for seated or standing support.

Wednesday

9:30 am

Fellowship Room

Zoom Zumba with Danny Grae

Zumba is fun movement to upbeat music and dance moves that will get your heart beating and blood flowing for a full body workout. This class can be done in a chair with the option to stand.

Tuesday, October 4

Tuesday, November 1

Tuesday, December 6

9:15 am

Fellowship Room for group Zoom class/Virtually from home



Wellness Programs

BUILDING A BETTER VERSION OF YOU

Are you looking for a little guidance and support to help you maintain your health? Join us as we cover a variety of topics that will increase awareness on health issues that are often taken for granted or ignored. Learn more about resources that can assist you to building better health and a longer more vibrant life.

Blood Pressure Clinic

Stop in and get your blood pressure taken by the wellness nurse. This is a quick and easy way to keep up on your health.

1st & 3rd Thursday

1:00 pm

Wellness Suite

Facilitator: Linda LeRoux, RL

Wellness Nurse

10 Keys to Healthy Aging

This class will cover a variety of wellness topics, including how to maintain healthy bones, lower blood pressure, lower LDL cholesterol, combat depression, and more. In addition, a PA MEDI Counselor will speak about how these wellness keys relate to the benefits of Medicare. Each participant receives a Resource manual to go along with the class.

October 6, October 10

1:00 pm – 3:00 pm

Fellowship Room

Facilitator: York County Area Agency on Aging Certified Health Ambassador

Understanding Alzheimer's & Dementia

Learn basic information on the difference between Alzheimer's and dementia, stages, risk factors, current research and treatments available to address some symptoms, plus Alzheimer's Association resources.

Thursday, October 13

2:00 pm

Fellowship Room

Facilitator: YMCA of the Roses

Scam Awareness & Fraud Education

This workshop will help you become more aware of the threats of fraud and scams aimed at the elder community. By learning more about the latest scams you will learn how to protect yourself, keep your information safe, and who to call should you be concerned you have been a victim of a scam or fraud.

Monday, November 7

2:00 pm

Fellowship Room

Facilitator: Jerry Mitchell, PA Office of the Attorney General

BeWell Kitchen



BeWell Kitchen features are healthy choices that are also convenient, attractive and easy to make. In this monthly food demonstration program, led by CURA, BeWell features healthy recipes that residents can follow along with step by step and have a recipe card to take home with them following the demonstration.

3rd Wednesday

Registration Required



Nourishing your soul through purposeful, enriching experiences and facing life with enthusiasm and positivity, even in difficult times.

Emotional

GRIEF SUPPORT GROUP

The group provides emotional support, validation, and education about grief. It offers a different quality of support and connection that comes from being with people who have also experienced a loss.

3rd Thursday

1:00 pm

Conference Room

Facilitated by: Fr. Ricky McCarl, Chaplain and Bereavement Counselor, SpiriTrust Lutheran Homecare & Hospice

Angel Readings

Using beautifully illustrated guardian angel cards, Linda will give 1:1 fifteen minute Angel Readings. Angel readings call in the guardian angel that best aligns with your current circumstance and offers guidance, comfort and confidence to meet the challenges of daily life.

Monday, October 24, November 28

1:30 pm – 3:00 pm

Conference Room

Registration Required

Facilitated by: Linda LeRoux

Spiritual

Faith Sharing

Faith Sharing is a weekly study group in which our chaplain leads participants through spirited discussions, offering opportunities that strengthen individual's religious and spiritual beliefs.

Wednesday
2:00 pm
Fellowship Room

Honoring Our Neighbors Faith

During October, we will welcome representatives from neighboring communities of faith to help us learn about the Unitarian Universalist Church, the Mormon Church, and others.

October 5, 12, 19, 26

A Brief Encounter with the Gospel of John

This four session brief encounter will explore this beloved Gospel continuing with the seven signs performed by Jesus that culminate in the rising of Lazarus from death. This final "sign" leads to the Gospel's high point, "the hour for which Jesus came" and the revelation of his glory. While this marvelous Gospel reaches its crescendo, a number of its very famous stories will be shared with participants as its message gains intensity.

November 2, 9, 16, 30

Facilitated by: Bishop Robert Driesen

Lights!

Join Chaplain Hank Steinhilber for a time of songs, discussion and food to explore the celebration of Hanukkah.

December 7

Advent Midweek Worship

Come together for worship and fellowship celebrating the coming promise of Christ's birth.

December 14, 21

Bible Study with Darrell Hagler – The Book of Hebrews



This Bible study series will explore The Book of Hebrews, the bridge between the Old Testament and the New Testament.

Every other Sunday

3:00 pm

Conference Room

Facilitator: Darrell Hager, Retired Minister

Worship Service

Join us as we come together in the presence of God through song, scripture, prayer, sermon and weekly communion. All services are ecumenical in spirit, and all persons are welcomed and encouraged to participate.

Every other Sunday

3:00 pm

Fellowship Room

Thanksgiving Eve Worship Service

Come together in fellowship for Thanksgiving Eve worship service.

Thursday, November 23

2:00 pm

Fellowship Room

Christmas Day Worship Service

Come together in fellowship for Christmas Day worship service as we celebrate the birth of Christ.

Sunday, December 25

3:00 pm

Fellowship Room



Expanding your knowledge, skills and creativity while sharing your knowledge and skills with others.

Education

Guitar Lessons with Musician Quentin Jones

Now is your chance to learn how to play music on the guitar the fun and easy way with one of the areas most accomplished musicians, Quentin Jones! Quentin Jones is a Hall of Fame guitarist who is endorsed by Gretsch Guitars. In 2016, Quentin was enshrined in the Rockabilly Hall of Fame in Nashville, Tenn. Quentin tours with his band and performs solo. In addition to these accomplishments, Quentin Jones is a gifted guitar teacher and loves to share the love of guitar with new students. This class series provides a solid foundation to learning the basics of guitar. Guitars are provided or you are welcome to bring your own.

Tuesday

11:00 am

Conference Room

Registration Required for new students



The Haunted Susquehanna

Did you know that the Susquehanna Valley has its share of hauntingly spooky stories? Come learn about the ghost stories and legends of the region.

Thursday, October 6

6:00 pm

Fellowship Room

Facilitated By: Adam Zurn, *Uncharted Lancaster*

LIFE - LONG LEARNING SEMINAR CLASS:

War in Russia 1941-1945

This two-part, small group seminar class will offer a deep dive into Eastern European history of WWII and its connection to current events. This class will answer many questions concerning why Russian President Putin invaded Ukraine in February 2022 and is a good “connector” subject to the current war in Ukraine.

Tuesday, October 11, 18

10:00 am

Conference Room

Registration Required

Facilitator: Ken Weiler, *Published Author on WWII, OLLI Lecturer*

CLASSIC MOVIE & DISCUSSION WITH RICH SANTEL

Join Rich Santel for a viewing of a classic movie followed by lively discussion. Movies will be shown on the big screen so prepare to be transported to a movie theater experience.

2:00 pm

Fellowship Room

Facilitator: Rich Santel, *OLLI Lecturer*

Casablanca

Rick Blaine (Humphrey Bogart), who owns a nightclub in Casablanca, discovers his old flame Ilsa (Ingrid Bergman) is in town with her husband, Victor Laszlo (Paul Henreid). Laszlo is a famed rebel, and with Germans on his tail, Ilsa knows Rick can help them get out of the country. Premiered November 26, 1942; Run time of 102 minutes

Thursday, October 20



Vertigo

This American film noir psychological thriller film directed and produced by Alfred Hitchcock stars James Stewart, Kim Novak, Barbara Bel Geddes, Tom Helmore and Henry Jones. An ex-police officer who suffers from an intense fear of heights is hired to prevent an old friend's wife from committing suicide, but all is not as it seems. This film is widely considered to be one of Hitchcock's masterworks. Premiered May 9, 1958; run time of 128 minutes

Thursday, November 10



It Happened on 5th Avenue

Roy Del Ruth directs this American comedy film. While rich businessman Mike O'Connor (Charles Ruggles) resides in Virginia, his luxury townhouse in New York City appears vacant. However, in reality, drifter Aloysius “Mac” McKeever (Victor Moore) has been staying there. Mac invites Jim (Don DeFore), an unemployed veteran who has just been evicted from a building owned by O'Connor, to stay at the house without revealing that he is squatting. When O'Connor's daughter, Trudy (Gale Storm) shows up as well, she falls for Jim and tries to help him. (Premiered April 19, 1947; run time of 116 minutes)

Thursday, December 15



FALL LIFE-LONG LEARNING CLASS SERIES

Each session offers a deep dive into the topic and opportunity to ask questions.

Fridays October 14, 21, 28; November 18

2:00 – 3:00 pm

Fellowship Room

October 14th - Night Wonders of Astronomy: Where we Live

Did you know there is much more to your address than your street and city? How much do you know about the Milky Way? How many galaxies are there? You will be amazed at the astronomical facts presented to you in this show.

Facilitator: Ron Bolton, Night Wonders of Astronomy, York County Astronomy Society Treasurer

October 21st - From Asprin to the Zipper: The Amazing History of Ordinary Things

We are surrounded by mundane objects that we use every day, but most of us don't have the faintest idea where they came from. This lively talk will highlight the fascinating stories behind twenty of them – from Asprin to the zipper. You will learn about ancient toothpaste, a nasty compound that did more harm than good, the table fork, considered a shocking novelty by medieval churchmen, the first matches, more hazardous than the cigarettes they lit, scotch tape, listed by the Encyclopedia Britannica as one of the greatest inventions of all time, and more.

Facilitator: John Maietta, Retired Professor at Shippensburg University and York College

October 28th - The Life and Legacy of York Industrialist S. Morgan Smith

Jim McClure calls Smith York's greatest industrialist because five existing companies in York trace their roots to Smith. Copies of Nicholas's book will be available at the talk.

Facilitator: Kelly Drive Resident Steve Nicholas, Retired Moravian Pastor and OLLI Presenter

November 18th - Slate: The Delta Story

Take a trip to southeastern York County where in the 19th century the world's best slate was mined. Learn how the Welsh migration improved the mining technology and about important sites such as the Slateville Presbyterian Church, Old Line Museum, Jones Quarry, Coulsontown and the Cardiff Marble Company.

Facilitator: Jeri Jones, Jones Geological Services, Geologist, Published Author

Technology

TECHNOLOGY AND YOU

Here is your chance to learn from the experts! From TV/Cable equipment to cell phone/smart phone, tablets/computers and everything in between, you will be embark on a journey of information and fun. Take advantage of this opportunity to take a class on a variety of technology-related topics and receive one-on-one assistance following the class if needed.

Tuesday

10:30am - 12:00pm

Fellowship Room

Instructor: Dante Swinton

Registration required

October 25

Transportation Apps: Getting Around with Uber and Lyft

Learn all about the various transportation apps with a focus on the Uber and Lyft apps.

November 29

Gifts and Gadgets

Prepare for the holidays and last minute gifts by learning about various gadgets that make life simpler for you or a loved one.

December 27

Technology Q&A: Your Tech Questions Answered

So you received a computer gadget that you don't understand? Want to learn more about a topic? This class is all about answering the questions brought you by you and your classmates.

Creative Arts

CRAFT CORNER

Creative York Art Class: Mixed Media

Mixed media is all about breaking the boundaries between different art forms. It involves mixing different creative mediums to create artwork. In this class, participants will be working with paper, ink and gelatos and each person will make a project that is unique to them.

Tuesday, October 25

2:00 pm - 4:00 pm

Fellowship Room

Cost: \$15

Facilitator: Creative York Teaching Artist

Art Journaling

This class will guide you through the intuitive journaling process and will have you tapping into your innate creativity, allowing patterns, colors and your intuition to guide your art. At the end of the class, each participant will leave with a complete kit to continue the art journaling journey at home.

Monday, November 14

1:00pm

Fellowship Room

Cost: \$15

Registration Required

**Facilitator: Sandy Wallace, Artist,
Soul in Color**

Christmas Craft Fair Projects

Christmas is in the air as we prepare for the Annual Kelly Drive Christmas Craft Fair in December. Each month features a different Christmas craft that will be sold at the Christmas Craft Fair, which benefits the SpiriTrust Lutheran Benevolent Fund.

2:00 pm

Fellowship Room

**Facilitator: Candy Godfrey, Life
Enrichment Partner**

Thursday, October 13:

Holiday Wood Craft



Thursday, November 3:

Candy Sleigh and Paper Craft



Tuesday, November 29:

**Christmas Craft Fair
Finishing Touches**



Building healthy, nurturing and supportive relationships as well as fostering a genuine connection with those around you.

ALLVETS: Veteran Legacy Project

ALLVETS is a non-profit organization that collects and shares the stories of veterans. All York County veterans are invited to share and record their military experience with ALLVETS, which will create a 1 hour video recording of your life. Veterans receive a copy of their video to share with loved ones and two other copies will be preserved at the York County Historical Center for viewing. There is no charge for this program and recording can take place at Kelly Drive.

For more information and to participate contact Lauren Eriksen, Community Life Enrichment Director.

Conversation Cafe



Come together with fellow residents to enjoy a fresh cup of coffee or tea, pastries and of course - conversation.

**Friday
10:00 am
Fellowship Room**

Ice Cream Social



No matter what time of year or how old you are nothing brightens the day more than ice cream. Join fellow community members to enjoy one of life's sweetest treats – ice cream!

**2:00 pm
Fellowship Room**

October 31: Featured – Ice Cream – Spooky Witch Hat Sundaes

November 21: Featured Flavor – Fudge Ripple

December 26: Featured Flavor – Peppermint

Movie Matinee

Enjoy an afternoon at the movies - right here at Kelly Drive. Each month features a movie from the collection of a fellow resident.

2:00 pm

Fellowship Room

Hosted By: Judy Becker

Friday, October 7:

Parental Guidance

Friday, November 4: The Pacifier

Friday, December 2:

White Christmas Musical

Star Wars Movie Marathon Series

A long, long time ago, in a galaxy far away...and so opens this iconic movie series that now spans 11 movies featuring storm troopers, Jedi, light sabers and more! We will watch all the Star Wars movies in order - get ready for a movie experience like no other.

6:00 pm

Fellowship Room

Hosted By Ethel Michael

Monday, October 10:

A New Hope episode 4

Monday, October 17:

The Empire Strikes Back episode 5

Monday, October 31:

The Return of the Jedi episode 6

Monday, November 7:

The Force Awakens episode 7

Monday, November 21:

The Last Jedi episode 8

Monday, December 5:

The Rise of Skywalker episode 9

New Resident Welcome Party

Come together to give a big The Village at Kelly Drive "welcome to the neighborhood!" welcome to residents that have moved into the community over the last year.

Tuesday, October 11

2:00 pm

Fellowship Room

Registration required

Happy Hour Mixer

Why limit happy to an hour? Friends come together to unwind and reminisce in the late afternoon. Enjoy themed appetizers and beverages paired with entertainment.

Wednesday, November 30:

Grateful Hearts Happy Hour with

Pat Kocen Entertainment

Monday, December 19:

Christmas Cheer Happy Hour with

Chris Poje Entertainment

4:00 pm

Fellowship Room

Registration required

Recreational**Game Night**

Whether the card game is played with a traditional deck or game specific cards, campus residents are sure to find a favorite game or try their "hand" at a new one.

Friday

6:00 pm

Fellowship Room

Mexican Train Dominoes

The object of this game is for a player to play all the tiles from their hand onto one of the "trains" coming from the "central station." Both new and experienced players are welcome to join the fun.

Saturday

6:00 pm

Fellowship Room

Hosted By: Charlie Topper

Pinochle

Pinochle, is a trick-taking, Ace-Ten card game typically for two to four players. Players score points by trick-taking and also by forming combinations of cards into melds. New players welcome.

Sunday

4:00 pm

Fellowship Room

Hosted By: Steve Butler

500

Score points through bidding and winning tricks as a partnership team. A trick is created by each player taking a turn playing a card into the middle, with the winner being the player with the highest ranking card. Be the first team to 500 points to win the game! New players always welcome.

Fellowship Room**Check calendar for dates****Hosted By: Myrtle McCleary****UNO Flip**

Rediscover the classic game of UNO - with a twist! Featuring a double sided deck for double the fun, new cards such as "draw five" and "skip all" you will quickly realize why UNO Flip has become such a favorite game to play. New players welcome.

Fellowship Room**Check calendar for dates****Hosted By: Myrtle McCleary****Bingo**

This well-known game is always a hit! Join friends from throughout the campus in the Fellowship Room for a spirited game played for prizes.

1st Saturday**2:00 pm****Fellowship Room****Wednesday, October 19****Wednesday, November 16****Monday, December 12****6:00 pm****Fellowship Room****Host: Quickel Church Resident****Volunteers****Board Game Mixer**

Scrabble, Yahtzee, Monopoly, Sorry and more! Enjoy an afternoon of board games with friends. Choose from the variety available or bring your own to play.

Saturday, October 15, November 26, December 10**2:00 pm****Fellowship Room****Wii Bowling**

Come join "Team Kelly" for a great time participating in Wii bowling! You don't need experience; the team will teach you all the skills you need to know!

Monday & Tuesday**4:00 pm****Fellowship Room****Dining****RESIDENT HOSTED LUNCH OUT**

There's nothing quite like sitting around with friends having great conversations over a delicious meal. Dine at various restaurants in the area and beyond. Cost will vary by restaurant and is the responsibility of the diner.

Tuesday, October 18: Stonybrook Family Restaurant**Tuesday, November 15: Plaza Azteca****1:00 pm arrival at restaurant****Registration required****DESTINATION DINNER:**

Join CURA Dining for a culinary experience that will have you traveling the world from the comfort of Kelly Drive! Jet off to a different country via a delicious meal and themed program.

Tuesday, November 8: Jamaica**4:30 pm****Fellowship Room****Registration required****Kelly Fresh**

Take the stress out of cooking and learn new recipes! Simply pick the meal choice you are interested in and CURA dining will deliver you everything you need - recipe, ingredients and directions.

Friday, November 18**3:00 pm Delivery****Registration required**

Resident Breakfast

Start your morning off right with good food and good friends. Enjoy a hearty breakfast prepared by our talented culinary team. Residents with a birthday that month are treated to a complimentary breakfast.

Thursday, October 20

Tuesday, November 22

Tuesday, December 20

9:30 am

Fellowship Room

Cost: \$9.00

Registration required

Pizza Party

Enjoy pizza from a favorite local pizza parlor! Meal includes pizza, salad and drinks.

Thursday, October 27

4:30 pm

Fellowship Room

Cost: \$5.00

Registration required

Pretzel Sale

Enjoy deliciously fresh Epex soft pretzels.

Thursday, October 20

Thursday, November 17

8:30 am - 9:30 am

Family Lounge

Cost: \$1.25

Registration required

Special Events***Thanksgiving Curbside Meal***

Thursday, November 24

1:30 pm

Pick-up from Front Entrance

Cost: \$10

Christmas Day Curbside Meal

Sunday, December 25

1:30 pm

Pick-up from Front Entrance

Cost: \$10

New Year's Eve Curbside Meal

Saturday, December 31

1:30 pm

Pick-up from Front Entrance

Cost: \$10

Annual Christmas Craft Fair

The Christmas Craft Fair features a wide variety of handmade craft items, fresh baked goods, and specialty items that make excellent holiday gifts for loved ones.

Monday, December 5 – Saturday, December 10

Thursday, December 15 – Saturday, December 17

Family Lounge

Christmas Party Dinner and Entertainment

Join fellow residents as we come together to share a specialty meal, Celtic Christmas entertainment with the Folkemer family and holiday cheer for all. Don't miss one of the biggest events of the year!

Wednesday, December 7

4:30 pm

Fellowship Room

Registration Required

Christmas Luncheon

Hosted by the Kelly Drive Residential Living Association, residents are invited to come together in fellowship to celebrate the holiday season over a special meal and live entertainment to follow.

Tuesday, December 13

12:00 pm

Fellowship Room

Registration Required

Entertainment

MUSICAL ENTERTAINMENT

***Sing-a-long with Sheila
What's in a Name?***
Saturday, October 8
2:00 pm

Christmas Songs
Tuesday, December 6
2:00 pm
Fellowship Room

Gaither Concert
Each month enjoy a show, known worldwide for its award winning and top selling recordings. Performances showcase gospel music pioneers.

**Monday, October 17:
Gaither Concert in Jerusalem**

**Tuesday, November 22:
Israel Homecoming**

**Thursday, December 29:
Joy in the Camp**

**2:00 pm
Fellowship Room**

***'Ol Tyme Country Christmas
Show with Jay Smarr***
Celebrate the holidays with familiar Christmas songs, as well as bluegrass sing-a-longs. For an extra special holiday treat, the performance will include flat foot fiddling and singing.

**Saturday, November 19
3:00 pm
Fellowship Room**

Theatre

***Dreamwrights Theater:
If You Knew York***
A new play featuring monologues curated from interviews of people from all walks of life sharing their stories about York.

**Thursday, November 17
Depart Front Entrance 3:15pm
Cost: \$16
Registration Required**

***American Music Theater:
Christmas Show***
Home for the Holidays opens on the joyous gathering of family and friends who celebrate with a rich tapestry of song, dance, and holiday traditions.

**Thursday, December 8
Depart Front Entrance 1:45pm
Cost: \$47
Registration Required**

***Rainbow Ministry Puppet Show:
Holiday Show***
Enjoy a heartwarming holiday show that will leave you feeling full of the Christmas spirit, brought to you by Rainbow Ministry Puppet Theater. Watch as Kelly Drive is transformed into a theater. It is a special show you won't want to miss.

**Saturday, December 17
1:00 pm
Fellowship Room**

YORK SYMPHONY CONCERT SERIES

Enjoy the splendor and magnificence of York Symphony concerts from the comfort of The Village at Kelly Drive. Concerts are streamed on the big screen, and each is paired with a mix & mingle social pre-show.

**4:00 pm Happy Hour
4:30 pm York Symphony Concert
Fellowship Room
Registration Required**

***Opening Night -
Tchaikovsky's 5th***
Featuring Beethoven's Consecration of the House, Fantasia for Orchestra, Beirut Sensations, and Tchaikovsky's famous 5th symphony.

Monday, October 3

***Nosferatu "Dracula" Film with
Live Orchestra***
Based on Bram Stoker's Dracula, the famous vampire, Nosferatu, comes to life in time for Halloween. The 100th anniversary of this 1922 film classic will be performed with live orchestra and chorus.

Monday, October 24

***Copland and Bartok
American Voices***

This concert showcases the range of all perspectives in the United States:

- Florence Price - Ethiopia's Shadow in America
- Jill Haley - National Parks Suite
- Aaron Copland - Lincoln Portrait
- Bela Bartok - Concerto for Orchestra

Monday, November 14

Holiday POPS Spectacular

Let the York Symphony Orchestra and Chorus commence your holiday season down Candy Cane Lane! Bring your family and friends for yuletide cheer. Don't miss this annual Holiday Pops Spectacular, including the Holly Jolly Sing-Along!

Monday, November 28

Trips***Guided Nature Walk at Codorus State Park***

Take in the beauty of Autumn with a guided nature walk led by an Environmental Education Specialist. The 1,275-acre Lake Marburg has 26 miles of shoreline and is a rest stop for migrating waterfowl and shorebirds. On this guided tour, we will explore the lake shore and cove at the Main Launch area of the park. Discover the wildlife and plants that live in the area and learn a bit of the park history. Trail is paved, with an option to explore the Horse Trail, a dirt trail, if desired.

Tuesday, October 4

Bus departs from front entrance at 12:15 pm

Registration required

Civil War History Bus Tour with Tour Guide Scott Mingus

Board the bus and let history come alive on this guided tour exploring a variety of sites that played a major role in the Civil War. The bus tour will visit Hanover Junction, Penn Park, Prospect Hill Cemetery, and conclude in Wrightsville to discuss the defense and destruction of the world's longest covered bridge. We will stop for lunch following the tour.

Friday, October 7

Bus departs from front entrance at 8:30 am

Registration Required

Take a Ride on Strasburg Railroad through Lancaster County Countryside

Take a ride on an authentic steam train ride through Lancaster County's famous Amish Country. We will stop for lunch following the train ride.

Wednesday, October 12

Bus departs from front entrance at 9:45 am

Cost: \$14.50

Registration Required

Lunch Out at South County Brewery

This local brewery opened in 2011 and offers a treat for craft brewers. Enjoy a delicious lunch paired with craft beer, brewed right here in York County.

Friday, October 21

Bus departs from front entrance at 11:30 am

Registration required

Markets at Shrewsbury & Brown's Orchard

We will start our shopping adventure at The Markets at Shrewsbury, an Amish farmers market housing over 19 merchants offering local Amish produce and meat, homemade baked goods, crafts, clothing, and more. Following, we will go to Brown's Orchard, a farm market full of fresh goodies.

Friday, November 4

Bus departs from front entrance at 9:30 am

Registration Required

The Village at Sprenkle Drive Craft Fair

This craft show features a variety of specialty homemade items made and collected by Sprenkle Drive residents. Enjoy some shopping - you are sure to find some treasures.

November 9

1:00 PM

Community Room B

Heroes among Us Veterans Dinner & Entertainment with Elks Lodge #213

Kelly Drive veterans and a guest are warmly invited to the York Elks Lodge Heroes among Us dinner. The evening will include dinner and entertainment by The Citations.

Saturday, November 12

Bus departs from front entrance at 5:00 pm

Registration Required

Burning Bridge Antiques Market in Columbia

Visit the most exciting and innovative Antiques Market in the area, a 24,000-square foot market that was originally a hardware store and sewing factory in the 1800s. There are over 200 dealers and hundreds of consigners to explore.

Monday, November 14

Bus departs from front entrance at 10:30 am

Registration Required

The National Christmas Center

Prepare to be overtaken by the spirit of Christmas. Featuring over 18,000 square feet of nostalgic Christmas décor, 17-foot-tall buildings that replicate the streets of Columbia, Pa decked out in 1950s Christmas décor, and the sights, sounds and smells of Christmas.

Thursday, December 1

Cost: \$22

Registration Required

I Heard the Bells Sight & Sound Movie

Known as America's Poet, Wadsworth Longfellow leads an idyllic life – until the day his world is shattered by tragedy. With a nation divided by the Civil War and his family torn apart, Henry puts down his pen, silenced by grief. It is the sound of Christmas morning that reignites the poet's lost voice as he discovers the resounding hope of a rekindled faith.

Registration Required

Christmas Lights Trip

Christmas is in the air and we are celebrating with a bus trip around York looking at the best and the brightest Christmas lights.

Wednesday, December 14

Depart Front Entrance at 6:00 pm

Registration Required

Gardening

Dirty Fingernails Garden Club



Join the Kelly Drive garden club, which helps pick out flowers to plant at Kelly Drive and maintains several raised garden beds and pots around campus. Whether you are – or used to be – a seasoned gardener or just enjoy being outside and want to learn more, you are invited to be a part of this fun group. In addition to garden projects around campus, the garden club enjoys garden tours, classes and more throughout the season.

Shopping

Walmart

Get everything you need in a one stop shopping trip.

First Wednesday

Depart Front Entrance at 10:30 am

Registration Required

Weis Market

An opportunity to pick up any needed grocery items.

Depart Front Entrance at 9:30 am

Check newsletter for shopping dates

Registration Required

Boscov's & Galleria Mall

Enjoy the day out shopping at the mall. Featuring a variety of shops this is a great opportunity to pick up something special for yourself or others.

Monday, October 17

Monday, November 21

Monday, December 12

Depart Front Entrance at 11:00 am

Registration required





COMMUNITY

Making a positive impact, be it in the community reaching out to help others or improving the quality of our environment.

*“The best way to find yourself, is to lose yourself in the service to others.”
— Mahatma Gandhi*

CommUNITY Spirit

Carry-Out for a Cause

Enjoy a delicious lunch for a good cause - the Alzheimer's Association.

October 14

12:00 pm pick-up from The Corner Cupboard

\$10

Registration Required

2022 Walk to End Alzheimer's

The Walk to End Alzheimer's is the world's largest event to fight Alzheimer's. Join the SpiriTrust Lutheran, The Village at Kelly Drive team and walk in the event and be a part of helping to raise awareness, support and funds for Alzheimer's research.

Saturday, October 29

John C. Rudy Park

Depart Front Entrance at 9:00 am

Registration Required

SpiriTrust Lutheran 2023 Cruise Info Session

SpiriTrust Lutheran is going cruising September 14 - September 23, 2023, and you are invited! Learn more about this 9 day Canada and New England cruise aboard Vision of the Seas cruise ship and how to sign-up.

Monday, October 24

11:00 am

Registration Required

**Facilitator: Lori Healthcote, Travel
Leaders Vacation Center**

Auxiliary to SpiriTrust Lutheran, York Chapter Sub Sale

Enjoy a delicious sub that supports a great cause, as money raised goes to support SpiriTrust Lutheran programs for residents. A variety of sandwich options are available to choose from.

Pre-order by Monday, October 17

**Sandwich Delivery Wednesday,
October 26**

COMMITTEES & GROUPS

Interested in providing input and insights to living at The Village at Kelly Drive? Participating in one of our advisory role committees may interest you. Ask a member of the Residential Living Association Board or Life Enrichment Director for more details. We offer a variety of advisory committees, including: Resident Council, Social Committee, Welcoming Committee, Building & Grounds Committee, Dining Committee, Worship Committee, Election Day Bake Sale Committee, Christmas Craft Fair Committee.

Residential Living Assoc. Meeting

These meetings provide residents information about community news, updates from department managers and resident committee reports.

October 3, December 5

2:00 pm • Fellowship Room



Mission Statement: to inspire meaningful purpose in the lives of residents by empowering them with continued growth opportunities for wellness in body, mind and spirit.

The Seven Dimensions of Wellness

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging and well – being so residents can live as fully as possible.

1. **Emotional.** Understanding ourselves, acknowledging and sharing feelings in a productive manner, approaching life with a positive enthusiastic outlook, and coping with the challenges life can bring.
2. **Intellectual.** Opening our minds to new ideas/experiences and engaging in creative pursuits and life – long learning to sharpen the brain.
3. **Physical.** Caring for your body with positive choices to maintain and improve health, strength, flexibility and functional ability.
4. **Vocational.** Making a positive impact contributing to society and gaining personal satisfaction while maintaining balance in our lives.
5. **Social.** Relating, connecting and interacting with people of all ages and establishing and maintaining positive relationships.
6. **Spiritual.** Living with peace and harmony to realize a common purpose in our lives.
7. **Environmental.** Recognizing our own personal responsibility for the quality of air, the water and the land that surrounds us, and making a positive impact on the quality of our surroundings.

 **SpiriTrust Lutheran**®
The Village at Kelly Drive

750 Kelly Drive • York, PA 17404 • www.SpiriTrustLutheran.org

