



Hershey Gardens ... page 13

INSPIRATIONS

Inspiring Things to Do, Learn and Share



“Your life is enriched with meaning when you allow yourself to become inspired, set goals, and charge after them with passion.”

— American Author Dr. Julie Connor

PROGRAM OFFERINGS

*Program offerings are listed alphabetically by category.
For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
WELLNESS		
Fitness Classes		
Silver Sneakers Strength	Wed	1
Spiro100 Classes	varies	2
ZOOM Chair Yoga	Mon	1
ZOOM Zumba	7/12, 8/9, 9/6	2
Wellness Programs		
Hearing Aid Clinic	9/1	2
YMCA Walk with Ease		2

SPIRIT		
Atlas of the Heart with Brene Brown: HBO Series Watch Party & Discussion		
	9/1, 9/15, 9/29	3
Laughter Yoga	7/18	3
Spiritual		
3:16 - Numbers of Hope	9/7, 9/14, 9/21, 9/28	4
Faith Sharing	Wednesday	4
Love Stories from the Bible	8/4, 8/11, 8/18, 8/25	4
A Mayberry Bible Study	7/6, 7/13, 7/20, 7/27	4
Resident Spotlight Program:		
Bible Study with Garry Newcomer	Thurs	4
Worship Service	Every Other Sun	4

MIND		
Educational Programs		
Classic Movie & Discussion with Rich Santel		
Casablanca	7/7	6
The Old Main	8/11	6
Random Harvest	9/8	6
Guitar Lessons with Quentin Jones	Tues	5
The Global Impact of Russia-Ukraine		
War on the World's Energy Supply	9/6, 9/13	6
The Nurses of Pearl Harbor	8/15	6
Summer and Fall Life-Long Learning Series		
All about Butterflies	8/12	7
All Things Herbs - Discussion and Plant Show & Tell	7/22	7
Hershey Gardens	9/16	7
The Politics of York County During the Civil War	7/8	7
Raven Ridge Wildlife Center	8/19	7
Religion in York County	9/9	7
Urban Farming, Dandelion Wine & Agriculture Stories	7/22	7
Technology		
Technology and You		
Facebook 101	8/30	8
Smart Phones: The Basics of Apps	7/26	8
YouTube 101	9/27	8
Creative Arts		
Christmas Craft Fair Class Series		
Decorated Christmas Wreaths	8/4	8
Decoupage Snack Plates and Decorative Mugs	9/1	8
Creative York Art Class Series		
Water Color	9/29	8
Wine & Paint with Connie	7/12	8

Indicates special programming or initiative throughout all SpiriTrust Lutheran® Senior Living Communities.



Please note that programming details are subject to change. Refer to the Monthly Events Calendar or Weekly Update for any additions, deletions and changes.

PROGRAM OFFERINGS

*Program offerings are listed alphabetically by category.
For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
SOCIAL		
All VETS: A Veteran Legacy Project		9
Conversation Café	Fri	9
Ice Cream Social	7/25, 8/22, 9/26	9
Drinks & Games around the Fire Pit	7/27, 8/31, 9/28	10
Happy Hour	7/29, 8/24	9
Movie Matinee	7/1, 8/5, 9/2	10
Star Wars Movie Marathon Series	e/o Mon	10
Recreational		
500	varies	10
Bingo		
Quickel Church	7/18, 8/15, 9/19	10
Resident Hosted	First Sat	10
Board Game Mixer	2nd Sat	11
Game Night	Fri	10
Mexican Train Dominoes	Sat	10
Pinochle	Sun	10
UNO Flip	varies	10
Wii Bowling	Mon, Tues	11
Wii Bowling Tournament League	7/16, 8/18, 9/17	11
Dining		
Chesapeake Bay Seafood Dinner	8/4	12
CURA Food Demonstration	8/26	11
Destination Dinner Around the World Travel Series:		
France	7/14	11
Oktoberfest in Germany	9/15	11
Kelly Fresh	7/22, 9/23	11
Pizza Party	4th Thurs	11
Pretzel Sale	3rd Thurs	12
Resident Breakfast	7/7, 8/11, 9/8	11
Resident Hosted Lunch Out	7/12, 8/16, 9/20	11
Special Events		
4th of July Curbside Meal	7/4	12
Labor Day Curbside Meal	9/5	12
Musical Performances		
Camp Fire Songs with Matt Dodd	9/7	12
Classics with Keil		
Holland Entertainment	8/30	12
Gaither Concert	7/26, 8/23, 9/27	12
God & Country Singing Program	7/5	12
Ol' Time Mountain Folk & Coal		
Mining Songs with Jay Smarr	7/23	12
Outdoor Summer Concert Series		
Heidelberg Brass Band: Polka	7/21	13
Joyful ViBRAYtions Drum Circle	8/17	13
Spring Garden Band of York	9/12	13

Description	Date	pg
Theatre		
Dutch Apple Dinner Theater:		
Chicago	9/14	13
Trips		
Burning Bridge Antiques Market	9/12	14
Creative York Art Gallery	7/13	13
Downtown York on Your Own:		
Central Market & Downtown Shopping	8/2	14
Hershey Gardens	7/28	13
National Civil War Museum	9/22	14
Take a Ride on Strasburg Railroad	8/9	14
York Merchant Crafters Market	8/25	13
Shopping		
Boscov's & Galleria Mall	7/11, 8/8, 9/19	15
Leg Up Farmers Market	8/31	15
Walmart	e/o Wed	15
Weis Market	e/o Wed	15
Gardening		
Dirty Fingernails Garden Club	varies	15
Native Plant Talks with Tania		
Perennials & Ephemerals	7/19	15
Soil Testing, Mulching, Composting & Garden Bed Prep	9/20	15
Trees	8/16	15

COMMUNITY

CommUNITY Spirit

Alzheimer's Association Fundraisers		
Carry-Out for a Cause	2nd Fri	16
Raffle Prizes		16
Seasons of Service		
Devers Elementary School Supply Donation Drive	Month of August	16
Our Community		
Committees & Groups	varies	16
Residential Living Association	8/1	16



WELLNESS

Taking care of not only your body to maintain and improve physical strength and function but also making positive choices to nourish your body so that it can be as healthy as possible.

Fitness

ONGOING CLASSES

Zoom Chair Yoga

Jess from SpiriTrust Lutheran, The Village at Gettysburg leads you in a seated yoga class that includes basic traditional postures, flows and balance work. This class will leave you feeling refreshed mind, body and spirit.

Monday

9:30 am

Fellowship Room for group Zoom class / Virtually from home

Silver Sneakers Strength with YMCA

Have fun and move to the music through a variety of exercises designed to increase muscular strength and range of movement. Hand-held weights, elastic tubing with handles and Silver Sneakers ball are offered for resistance and a chair is provided for seated or standing support.

Wednesday

9:30 am

Fellowship Room



Zoom Zumba with Danny Grae

Zumba is fun movement to upbeat music and dance moves that will get your heart beating and blood flowing for a full body workout. This class can be done in a chair with the option to stand.

Tuesday, July 12

Tuesday, August 9

Tuesday, September 6

9:15 am

Fellowship Room for group Zoom class/Virtually from home

Spiro100 Exercise Classes

Spiro100 provides web video streaming fitness and wellness classes for older adults, featuring over 140 full-length exercise classes, meditation sessions and educational workshops. Each class is created, produced and led by nationally recognized senior wellness experts to provide a purposeful result driven fitness experience.

Check your monthly calendar for Spiro100 classes



Wellness Programs

BUILDING A BETTER VERSION OF YOU

Are you looking for a little guidance and support to help you maintain your health? Join us as we cover a variety of topics that will increase awareness on health issues that are often taken for granted or ignored. Learn more about resources that can assist you to building better health and a longer more vibrant life.

Hearing Aid Clinic

Bring your hearing aid in for a deep cleaning and check by a qualified representative from Beltone Hearing Aid Center of York.



Thursday, September 1

9:00 am - 11:00 am

Fellowship Room

YMCA Walk with Ease Program

The YMCA is offering The Arthritis Foundation program "Walk with Ease," an evidence based program shown to reduce the pain of arthritis and improve overall health. No matter if you need relief from arthritis pain or just want to be active, the Walk with Ease program can teach you how to safely make physical activity a part of your everyday life. The program includes a guidebook, walking schedule, class twice per week for six weeks at Kelly Drive and will be facilitated by a YMCA certified Instructor.

Check your newsletters for more details



Nourishing your soul through purposeful, enriching experiences and facing life with enthusiasm and positivity, even in difficult times.

Emotional

Laughter Yoga with Joyful ViBRAYtions

Are you someone who wants to feel less stressed and bring more laughter and joy into your life? Then laughter yoga is right for you! Using specially guided techniques to start participants in intentional laughter, the laughter soon turns into real and contagious laughter and the adventure of fun has just begun. At the end of the class, you will feel happy, energized and healthy.

Monday, July 18

2:00 pm

Fellowship Room

Facilitated by Jack and Tammy Bray, Joyful ViBRAYtions Founders, Certified Laughter Yoga Trainers

Atlas of the Heart with Brene Brown: HBO Series Watch Party & Discussion

Brene Brown, researcher and six-time #1 New York Times bestselling author, takes viewers on an interactive journey through the range of emotions and experiences that define what it means to be human. Grounded in more than two decades of research, Brown brings together a dynamic mix of powerful storytelling, film and television references, and a range of impressive researchers to share the language, tools and framework for meaningful connection. Each session will include watching one of the 45-minute episodes, followed by an engaging discussion and sharing ideas of how to apply to our daily life.

Thursday, September 1, 15, 29

10:30 am

Fellowship Room

Facilitated by Lauren Eriksen

Spiritual

Faith Sharing

Faith Sharing Is a weekly study group in which our chaplain leads participants through spirited discussions, offering opportunities that strengthen individual's religious and spiritual beliefs.



Wednesday

2:00 pm

Fellowship Room

A Mayberry Bible Study

This study will use episodes from "The Andy Griffith Show," with passages from Scripture to think about courage, folly, gossip, and discernment.

Wednesday, July 6, 13, 20, 27

Love Stories from the Bible

Each week will feature a different love story from the Bible. We will watch a DVD and then discuss the story together.

Wednesday August 4, 11, 18, 25

3:16 – Numbers of Hope

This DVD study by Max Lucado will explore the "Hope Diamond" of Scripture from the Gospel of John.

Wednesday, September 7, 14, 21, 28

Resident Spotlight Program:

Bible Study with Garry Newcomer

This interactive bible study is a resident run weekly study group open to all campus members in which participants are led through spirited discussions, offering opportunities that strengthen individual's religious and spiritual beliefs by delving into scripture.

Thursday

3:00 pm

Conference Room

Facilitator: Garry Newcomer

Worship Service

Join us as we come together in the presence of God through song, scripture, prayer, sermon and weekly communion.

All services are ecumenical in spirit, and all persons are welcomed and encouraged to participate.

Every other Sunday

3:00 pm

Fellowship Room





Expanding your knowledge, skills and creativity while sharing your knowledge and skills with others.

Education

Guitar Lessons with Musician Quentin Jones

Now is your chance to learn how to play music on the guitar the fun and easy way with one of the areas most accomplished musicians, Quentin Jones! Quentin Jones is a Hall of Fame guitarist who is endorsed by Gretsch Guitars. In 2016, Quentin was enshrined in the Rockabilly Hall of Fame in Nashville, Tenn. Quentin tours with his band and performs solo. In addition to these accomplishments, Quentin Jones is a gifted guitar teacher and loves to share the love of guitar with new students. This class series provides a solid foundation to learning the basics of guitar. Guitars are provided or you are welcome to bring your own.

Tuesday

11:00 am

Conference Room

Registration Required for new students





LIFE - LONG LEARNING:

The Nurses of Pearl Harbor

Winnie Woll shares the story of her mother, Teresa Stauffer Foster, who was an Army nurse stationed at the Tripler Army Hospital on Oahu, Hawaii at the time of the attack on Pearl Harbor December 7, 1941. Teresa joined the Reading/Allentown Chapter of the Pearl Harbor Survivors Association, and returned to Oahu with this group and her daughter for the 50th anniversary of the bombing.

Monday, August 15

1:00 pm

Fellowship Room

Registration R

Facilitated By: Winnie Woll, PA Chairperson for the Son & Daughters of Pearl Harbor Survivors and member of the Susquehanna Speakers Bureau

The Global Impact of Russia-Ukraine War on the World's Energy Supply Class Intensive

Ken Weiler, with a history specialty of the WWII Eastern Front, will lead a two-part deep dive class on the worlds energy supply, and particularly how the Russia-Ukraine War affects this, as well as the potential for clean energy options for the future. Kens ability to provide historical context, probing questions and engaging discussion is sure to make this class special.

Tuesday, September 6, 13

2:00 pm

Fellowship Room

Facilitated By: Ken Weiler, OLLI Lecturer, Published Author on WWII

CLASSIC MOVIE & DISCUSSION WITH RICH SANTEL

Join Rich Santel for a viewing of a classic movie followed by lively discussion. Movies will be shown on the big screen so prepare to be transported to a movie theater experience.

2:00 pm

Fellowship Room

Facilitator: Rich Santel, OLLI Lecturer

Casablanca (Premiered November 26, 1942; run time of 102 minutes)

Rick Blaine (Humphrey Bogart), who owns a nightclub in Casablanca, discovers his old flame Ilsa (Ingrid Bergman) is in town with her husband, Victor Laszlo (Paul Henreid). Laszlo is a famed rebel, and with Germans on his tail, Ilsa knows Rick can help them get out of the country.

Thursday, July 7

The Old Maid (Premiered August 16, 1939; run time of 95 minutes)

The Old Maid is a 1939 American drama film directed by Edmund Goulding. Based on the 1924 novel of the same name by Edith Wharton, and released by Warner Bros. After disappearing for two years, Clem Spenser (George Brent) returns on the day his former fiancée, Delia (Miriam Hopkins), is marrying another man. Her cousin Charlotte (Bette Davis) sneaks away with Clem, who enlists in the Union Army the next day and dies soon after. Charlotte and Clem's child, Clementina, grows up not knowing critical Charlotte is her mother. Jealous of Charlotte's affair, Delia pretends to be Clementina's mother, sabotaging mother and child's relationship.

Thursday, August 11

Random Harvest (Premiered December 17, 1942; run time of 125 minutes)

A veteran of World War I, Charles Rainier (Ronald Colman) has lost all memory of his life before the war. Left to wander, Rainier meets a showgirl, Paula (Greer Garson), with whom he falls in love. Rainier and Paula are soon happily married, but when Rainier travels out of town, a car hits him - erasing the memories of his life with Paula, but restoring those of his life before the war. While he returns to his previous life, Paula tries to find a way to be reunited with her husband.

Thursday, September 8

SUMMER AND FALL LIFE-LONG LEARNING CLASS SERIES

Classes with Professional Experts: Variety of Topics

Professional experts and teachers come to Kelly Drive to give lectures on a variety of topics. Each session offers a deep dive into the topic and opportunity to ask questions.

**Fridays July 8, 15, 22; August 12, 19; September 9, 16
2:00 – 3:00 pm**

Fellowship Room

The Politics of York County during the Civil War

Examine the political scene in York County, as well as the voting patterns, key personalities, and President Lincoln's visits to the county during the war.

Friday, July 8

Facilitator: Scott Mingus, Published Author on American Civil War and Underground Railroad, OLLI Lecturer

All Things Herbs: Discussion and Plant Show & Tell

In this hands on program that will feature a variety of herbs to touch and smell you will be transported into the wonderful world of herbs. Learn about common herbs, how they can be used and preserved, and how easy it is to care for them.

Friday, July 22

Facilitator: Maryann Mawhinney, York County Master Gardener

Urban Farming, Dandelion Wine & Agriculture Stories

Learn about the history of the urban farming movement and where and how it is being used. A variety of York County agriculture stories will be shared, including Jamie's foray into making dandelion wine and how this was often made in York County in the past.

Friday, July 22

Facilitator: Jamie Kinsley, PhD from Penn State, Milton Hershey Teacher, YDR Wandering in York Co. Blog Author

All about Butterflies

Butterflies are an important part of the food chain, providing food for birds, bats and other animals and are a natural form of pest control. Learn all about the life cycle of the butterfly, why the butterfly is so important in nature, and even enjoy some hands on opportunities to see butterflies in various stages.

Friday, August 12

Facilitator: Deb Carman, York County Master Gardener

Raven Ridge Wildlife Center: Wildlife Rehab Discussion and Meet the Animal Ambassadors

Raven Ridge is a wildlife rehabilitation center in Washington Boro, PA, offering rehab services for birds of prey, mammals and waterfowl. Raven Ridge currently rehabs nearly 2,000 animals every year and provides a home to non-releasable animals. In this program, learn a little bit about everything from PA reptiles to mammals to birds of prey, the laws and regulations of rehabilitating wildlife and the agencies they work with. **Friday, August 19**

Facilitator Tracie Young, Raven Ridge Wildlife Director and Rehabilitator, with permits from PA Game Commission, PA Fish and Boat Commission, and the US Fish and Wildlife Service

Religion in York County: A Complex and Influential Piece of our Past

Drive through any town in York County and you will see houses of worship with names that can be bewildering – this lecture will help make sense of the array of faith groups, who have helped shape our past. York County has about 400 houses of worship today and those congregations are becoming more diverse.

Friday, September 9

Facilitator: Jim McClure, Published York County history author, York Town Blog author, former YDR Editor

Hershey Gardens: A Historical Overview

Milton Hershey loved gardens and worked to create a horticultural legacy. Learn about how beautiful landscaping and gardens were a part of Hershey's earliest plans for his community. Explore the origins of the Hershey Rose Garden and its evolution from "a nice garden of roses" to the beautiful 23-acre botanical garden visitors enjoy today.

Friday, September 16

Facilitator: Jen Henderson from Hershey Gardens, Senior Archivist for Hershey Community Archives

Technology

Technology and You

Here is your chance to learn from the experts! From TV/ Cable equipment to cell phone/smart phone, tablets/ computers and everything in between, you will be embark on a journey of information and fun. Take advantage of this opportunity to take a class on a variety of technology-related topics and receive one-on-one assistance following the class if needed.



Tuesday

10:30am - 12:00pm

Fellowship Room

Instructor: Dante Swinton

Registration required

July 26

Smart Phones: The Basics of Apps

Learn how apps work, security issues, and how to install and use them, while preventing them from taking over your device.

August 30

Facebook 101

Learn how to navigate Facebook while using integrated features in communication.

September 27

YouTube101

Learn the power of YouTube and what makes it a wealth-generating source of information for all ages.

Creative Arts

CRAFT CORNER

Wine & Paint with Connie: Beach Scene

Enjoy an afternoon of painting and wine with friends, led by artist Connie Higgins. She will lead you through painting a beautiful beach scene with simple paint strokes, and a hearty dose of fun. All experience levels welcome.



Tuesday, July 12

1:00 pm - 3:00 pm

Fellowship Room

Cost: \$15

Creative York Art Class Series

This class, led by Creative York artists will offer a fun way to get your creative juices flowing and try different art techniques. Art classes will feature a variety of different art forms. Classes are open to all experience levels.

Thursday, September 29: Water Color

2:00 pm - 4:00 pm

Fellowship Room

Cost: \$10

Christmas Craft Fair Art Class Series

Christmas is in the air as we prepare for the Annual Kelly Drive Christmas Craft Fair in December. Each month features a different Christmas craft that will be sold at the Christmas Craft Fair, which benefits the SpiriTrust Lutheran Benevolent Fund.

**Thursday, August 4: Decorated
Christmas Wreaths**

**Thursday, September 1: Decoupage
Snack Plates and Decorative Mugs**

2:00 pm

Fellowship Room





SOCIAL

Building healthy, nurturing and supportive relationships as well as fostering a genuine connection with those around you.

ALLVETS: Veteran Legacy Project

ALLVETS is a non-profit organization that collects and shares the stories of veterans. All York County veterans are invited to share and record their military experience with ALLVETS, which will create a 1 hour video recording of your life. Veterans receive a copy of their video to share with loved ones and two other copies will be preserved at the York County Historical Center for viewing. There is no charge for this program and recording can take place at Kelly Drive.

For more information and to participate contact Lauren Eriksen, Community Life Enrichment Director.

Conversation Cafe

Come together with fellow residents to enjoy a fresh cup of coffee or tea, pastries and of course - conversation.

**Friday
10:00 am
Fellowship Room**

Ice Cream Social

No matter what time of year or how old you are nothing brightens the day more than ice cream. Join fellow community members to enjoy one of life's sweetest treats – ice cream!

2:00 pm

Fellowship Room

July 25: Featured – Banana Splits

August 22: Featured Flavor – Butter Pecan

September 26: Featured Flavor – Black Raspberry

Happy Hour Mixer

Why limit happy to an hour? Friends come together to unwind and reminisce in the late afternoon. Enjoy themed appetizers and beverages paired with entertainment.

Friday, July 29: Beach Party

Wednesday, August 24: Laugh out Loud Fun with the Jokesters Comedy Show

4:00 pm

Fellowship Room

Registration required

Drinks & Outdoor Games around the Fire Pit

Come together with friends to enjoy outdoor games and drinks around the fire pit.

Last Wednesday of the month

6:00 pm

Fellowship Patio

Registration required

Movie Matinee

Enjoy an afternoon at the movies - right here at Kelly Drive. Each month features a movie from the collection of Judy Becker, Kelly Drive resident.

2:00 pm

Fellowship Room

Friday, July 1: Night at the Museum

**Friday, August 5: Support Your
Local Sheriff**

**Friday, September 2: The Music
Man**

Host: Judy Becker

Star Wars Movie Marathon Series

A long, long time ago, in a galaxy far away....and so opens this iconic



movie series that now spans 11 movies featuring storm troopers, Jedi, light sabers and more! We will watch all the Star Wars movies in order - get ready for a movie experience like no other.

6:00 pm

Fellowship Room

Every other Monday starting July 11

Host: Ethel Michael

Recreational

Game Night



Whether the card game is played with a traditional deck or game specific cards, campus residents are sure to find a favorite game or try their "hand" at a new one.

Friday

6:00 pm

Fellowship Room

Mexican Train Dominoes

The object of this game is for a player to play all the tiles from their hand onto one of the "trains" coming from the "central station." Both new and experienced players are welcome to join the fun.

Saturday

6:00 pm

Fellowship Room

Host: Charlie Topper

Pinochle

Pinochle, is a trick-taking, Ace-Ten card game typically for two to four players. Players score points by trick-taking and also by forming combinations of cards into melds. New players welcome.

Sunday

4:00 pm

Fellowship Room

Host: Steve Butler

500

Score points through bidding and winning tricks as a partnership team. A trick is created by each player taking a turn playing a card into the middle, with the winner being the player with the highest ranking card. Be the first team to 500 points to win the game! New players always welcome.

Fellowship Room

Check calendar for dates

Host: Myrtle McCleary

UNO Flip

Rediscover the classic game of UNO - with a twist! Featuring a double sided deck for double the fun, new cards such as "draw five" and "skip all" you will quickly realize why UNO Flip has become such a favorite game to play. New players welcome.

Fellowship Room

Check calendar for dates

Host: Myrtle McCleary

Bingo

This well-known game is always a hit! Join friends from throughout the campus in the Fellowship Room for a spirited game played for prizes.



1st Saturday

2:00 pm

Fellowship Room

Host: Resident Volunteers

Monday, July 18

Monday, August 15

Monday, September 19

6:00 pm

Fellowship Room

**Host: Quickel Church Resident
Volunteers**

Board Game Mixer

Scrabble, Yahtzee, Monopoly, Sorry and more! Enjoy an afternoon of board games with friends. Choose from the variety available or bring your own to play.

2nd Saturday

2:00 pm

Fellowship Room

Wii Bowling

Come join the Kelly Team for a great time participating in Wii bowling! You don't need experience; the team will teach you all the skills you need to know!

Monday & Tuesday

4:00 pm

Fellowship Room

Wii Bowling Tournament**League Games**

Enjoy some friendly competition amongst friends showing off your Wii bowling skills! Games are open to Wii bowler players and spectators who wish to cheer on the bowlers.

Saturday, July 16

1:30 pm – 3:30 pm

Thursday, August 18

9:30 am – 11:30 am

Saturday, September 17

1:30 pm – 3:30 pm

**Dining****RESIDENT HOSTED LUNCH OUT**

There's nothing quite like sitting around with friends having great conversations over a delicious meal. Dine at various restaurants in the area and beyond. Cost will vary by restaurant and is the responsibility of the diner.

Tuesday, July 12: Lyndon Diner

Host: Deborah Harrison

Tuesday, August 16: Red Lobster

Host: Leah Page

Tuesday, Sept. 20: Olive Garden

Host: Norma Folkenroth

1:00 pm arrival at restaurant

Registration required

DESTINATION DINNER:**Around The World Travel Series**

Join CURA Dining for a culinary experience that will have you traveling the world from the comfort of Kelly Drive! Jet off to a different country every other month via a delicious meal and themed program.

Thursday, July 14: France

Thursday, September 15:

Oktoberfest in Germany

4:30 pm

Fellowship Room

Registration required

More details coming in upcoming newsletters

Kelly Fresh

Take the stress out of cooking and learn new recipes! Simply pick the meal choice you are interested in and CURA dining will deliver you everything you need - recipe, ingredients and directions.

Friday, July 22

Friday, September 23

3:00 pm Delivery

Registration required

Menu feature details coming in upcoming newsletters

CURA Food Demonstration

Learn how to make a new dish start to finish in this interactive food demonstration. Experienced CURA chef will lead the program and you will be able to watch the meal come to life right before your eyes. A tasting of the featured item will follow the demonstration.

Friday, August 26

2:00 pm

Fellowship Room

Registration required

Resident Breakfast

Start your morning off right with good food and good friends. Enjoy a hearty breakfast prepared by our talented culinary team. Residents with a birthday that month are treated to a complimentary breakfast.

Thursday, July 7

Thursday, August 11

Thursday, September 8

9:30 am

Fellowship Room

Cost: \$9.00

Registration required

Pizza Party

Enjoy pizza from a favorite local pizza parlor! Meal includes pizza, salad and drinks.

4th Thursday of each month

4:30 pm

Fellowship Room

Cost: \$5.00

Registration required

Pretzel Sale

Enjoy deliciously fresh Epex soft pretzels.

3rd Thursday of the month

8:30 am - 9:30 am

Family Lounge

Cost: \$1.25

Registration required

Chesapeake Bay Seafood Dinner

Summer is prime time for seafood and this meal will take you right down to the Chesapeake Bay through a menu that will feature a variety of fresh from the sea seafood.

Thursday, August 4

4:30 pm

Fellowship Room

More details coming in upcoming newsletters

Special Events**4th of July BBQ Curbside Meal**

Sunday, May 10

1:00 pm

Pick-up from Front Entrance

More details coming in upcoming newsletters

Labor Day Curbside Meal

Monday, September 5

1:00 pm

Pick-up from Front Entrance

More details coming in upcoming newsletters

Entertainment**MUSICAL ENTERTAINMENT****God & Country Singing Program**

Join Sheila and sing along. This program features patriotic favorites.

Tuesday, July 5

2:00 pm

Fellowship Room

Host: Sheila Crew

Gaither Concert

Known worldwide for its award winning and top selling recordings, many Gaither productions have been certified gold, platinum or multi-platinum. Performances showcase gospel music pioneers and have been performed in world-renowned venues such as Carnegie Hall, The Kennedy Center, The Sydney Opera House and the Red Rocks Amphitheater. Each month features a different Gaither Concert.

Tuesday, July 26: The Cathedrals

Tuesday, August 23: Tent Revival

Tuesday, September 27: The Old Rugged Cross

1:00 pm

Fellowship Room

Host: Judy Becker

**'Ol Time Mountain Folk & Coal Mining Songs with Jay Smarr**

An uplifting and interactive program of familial folk, bluegrass, gospel, mountain and coal mine music performed with vocals accompanied by guitar, claw hammer banjo, and to emulate the coal mining musicians of North East Pennsylvania...singing, fiddling and flat foot clog dancing simultaneously on a piece of plywood.

Saturday, July 23

3:00 pm

Fellowship Room

Classics with Keil Holland Entertainment

Keil Holland is a dynamic guitarist and vocalist from York, PA. He has played throughout the Central PA and Chesapeake Bay region for over 30 years. He has performed at the Strand Capital Performing Arts Center, Valencia Ballroom, ESPN Futures Tour and many more events. Take a trip down memory lane as Keil serenades us with the classics – Frank Sinatra, Patsy Cline, Louis Armstrong, Judy Garland, Ray Charles and many more.

Tuesday, August 30

3:15 pm

Fellowship Room

Camp Fire Songs with Matt Dodd

Featuring lots of great summer songs from the last 100 years, plus humorous stories of summertime in the good 'ol USA and songs sung around the camp fire, this is an event that will have you singing along.

Wednesday, September 7

6:00 pm

Fellowship Room Outdoor Patio

OUTDOOR SUMMER CONCERT SERIES

Enjoy a summer evening outdoors with friends as you take in a festive outdoor concert. Ice cream treats will be available to enjoy.

Front Parking Lot

Heidelberg Brass Band: Polka

The Heidelberg Brass Band was formed in 1954 and is named after their founding members' hometown Heidelberg Township. They play German style music – polkas, waltzes, marches, etc.; The band includes Glenn Beard Sr., the only member of the band who has played continuously with the band since its formation. They are sure to be a treat and have you out of your chair dancing, too!

Tuesday, July 21

6:00 pm

Joyful ViBRAYtions Drum Circle

Joyful ViBRAYtions weave together levity, fun and play into their events that provide an uplifting and feel good interactive experiences. In this special outdoor concert experience all residents will have the opportunity to be a part of the show – no experience needed! Drumming brings people together and transforms them into a rhythmic community – drumming has been used in rituals to communicate, celebrate and mark special cultural events for tens of thousands of years. Don't miss this opportunity to be a part of this special musical experience and be a part of the magic.

Wednesday, August 17

6:00 pm

Spring Garden Band of York

The Spring Garden Band, believed to be the fourth oldest continuously active band in the United States, came into existence before the Civil War. By virtue of their extremely well-orchestrated numbers, balanced organization, and high level of musicianship, the Spring Garden Band has become recognized as one of the best in the state. They have played at two Presidential inaugurations, hundreds of state fairs across the United States and a recording contract with RCA.

Monday, September 12

6:00 pm

Theatre

Dutch Apple Lunch & a Show: CHICAGO

CHICAGO Is still one musical with everything that makes Broadway shimmy-shake: a universal tale of fame, fortune and all that jazz, with one show-stopping song after another and the most astonishing dancing you've ever seen. No wonder CHICAGO has been honored with 6 Tony Awards, 2 Oliver Awards, a Grammy and thousands of standing ovations.

Wednesday, September 14

Depart Front Entrance 10:45 am

Cost: \$68

Trips

Creative York Art Gallery Tour: Taking Shape – Stories Through Sculpture & Art Project

Creative York is a 501c3 non-profit arts center located in downtown York, featuring two art galleries, ceramics studios, art classes for all ages and several community outreach programs. Every sculptor has a unique way to tell a story through their chosen medium – be it stone, clay, metal, wood, textiles or found objects. Come see the stories come to life in “Taking Shape” art gallery exhibit. There will be a guided tour followed by art project to explore your own creative story.

Wednesday, July 13

Bus departs from front entrance at 11:45 am

Registration required

Hershey Gardens

Take in the beauty and splendor of Hershey Gardens! Featuring a wide variety of flowers and blooms to enjoy, the gardens are accessible for those with walkers. Tickets include access to the 23-acre gardens, as well as the Milton & Catherine Hershey Conservatory and the tropical indoor butterfly atrium.

Thursday, July 28

Bus departs from front entrance at 10:30 am

Cost: \$13

Registration required

***Downtown York on your Own:
Central Market & Downtown Shopping***

Standing at North Beaver and Philadelphia Streets for over 125 years, Central Market is a reminder of York's storied history and the anchor of the revitalization of Downtown York. Market shoppers enjoy the finest in locally grown flowers and produce, baked goods, fresh seafood, meats, deli products and many specialty items. The bus will drop you off at Central Market and give you time to enjoy a fresh, delicious lunch at Central Market and browse the eclectic shops along Beaver Street before an afternoon pick-up.

Tuesday, August 2

Bus departs from front entrance at 11:00 am

Registration required

***Take a Ride on Strasburg Railroad through
Lancaster County Countryside***

Take a ride on an authentic steam train ride through Lancaster County's famous Amish Country. Sit back and relax as you travel through 2,500 acres of the picturesque countryside on



America's oldest continuously operating railroad.

Tuesday, August 9

Bus departs from front entrance at 11 am

Registration Required

***York Merchant: An Original Crafters Market Place
& Wire Works Cafe***

Visit this next trend in shopping – a room full of craftsmen, makers and artists eager to provide you with an up-close shopping experience. Stroll the hardwood floors of the one-time New York Wire Works building and share passions and ideas with the makers themselves. There is also an art gallery to explore and the Wire Works Café that offers sandwiches, soups, salads, fully loaded baked potatoes, coffee and other tasty treats.

Thursday, August 25

Bus departs from front entrance at 11:15 am

Registration Required

Burning Bridge Antiques Market in Columbia

Visit the most exciting and innovative Antiques Market in the area. Burning Bridge Antique Market, a 24,000 square foot market that was originally a hardware store and sewing factory in the 1800s, features hardwood floors, pressed tin ceilings, limestone walls, chestnut millwork and amazing windows. Shop to your hearts delight – with over 200 dealers and hundreds of consigners there is 3 floors of treasures to explore.

Monday, September 12

Bus departs from front entrance at 1:00 pm

Registration Required

National Civil War Museum

Since opening in 2001 the National Civil War Museum has greeted over 950,000 guests from across the world. With over 4,000 Civil War artifacts and 21,000 archival documents this two-story museum walks you through the Civil War. With exhibits ranging from making of the armies, campaigns and battles, Civil War music, Gettysburg, Civil War medicine, an interactive Lincoln exhibit, and more it's a museum not to be missed.

Thursday, September 22

Bus departs from front entrance at 10:30 am

Cost: \$10

Registration required

Gardening

Dirty Fingernails Garden Club

Join the Kelly Drive garden club, which helps pick out flowers to plant at Kelly Drive and maintains several raised garden beds and pots around campus.



Whether you are – or used to be – a seasoned gardener or just enjoy being outside and want to learn more, you are invited to be a part of this fun group. In addition to garden projects around campus, the garden club enjoys garden tours, classes and more throughout the season.

Native Plant Talks with Tania

Each talk will feature a different native plant type and will include an overview of why it is so beneficial to include in your garden and tips and tricks to help your (growing) green thumb! The series will end with information about how to make your garden bed work the best for you and your plants so you continue to have successful planting seasons ahead!

Tuesday, July 19: Perennials and Ephemerals

Tuesday, August 16: Trees

Tuesday, September 20: Soil Testing, Mulching, Composting and Garden Bed Prep

10:30am

Fellowship Room

Shopping

Walmart

Get everything you need in a one stop shopping trip.

Every other Wednesday

Depart Front Entrance at 10:30 am

Registration Required

Weis Market

An opportunity to pick up any needed grocery items.

Every other Wednesday

Depart Front Entrance at 10:30 am

Registration Required

Leg Up Farmers Market

Leg Up Farmers Market Is a full-service natural foods grocery store located In York. Enjoy fresh produce, organic food, and more that comes straight from local farmers.

Wednesday, August 31

Boscov's & Galleria Mall

Enjoy the day out shopping at the mall. Featuring a variety of shops this is a great opportunity to pick up something special for yourself or others.

Monday, July 11

Monday, August 8

Monday, September 19

Depart Front Entrance at 11:00 am

Registration required





COMMUNITY

Making a positive impact, be it in the community reaching out to help others or improving the quality of our environment.

“The best way to find yourself, is to lose yourself in the service to others.”

— Mahatma Gandhi

CommUNITY Spirit

ALZHEIMER’S ASSOCIATION FUNDRAISING EVENTS

Carry-Out for a Cause

Enjoy a delicious lunch for a good cause! Supports the Alzheimer’s Association. Each month features a special menu.

Second Friday of the month

12:00 pm pick-up from The Corner Cupboard

\$10

Registration Required

Raffle Baskets

Themed raffle baskets will be available for a donation to the Alzheimer’s Assoc., you can be entered into win a special prize!

More details coming in upcoming newsletters

SEASONS OF SERVICE

Devers Elementary School Supply Donation Drive

Collecting school supplies to help the students and teachers start the school year right; details in future newsletters.

Month of August

Our Community

COMMITTEES & GROUPS

Interested in providing input and insights to living at The Village at Kelly Drive? Participating in one of our advisory role committees may interest you. Ask a member of the Residential Living Association Board or Life Enrichment Director for more details on a specific committee and how to become involved. We offer a variety of advisory committees, including:

Resident Council, Social Committee, Welcoming Committee, Building & Grounds Committee, Dining Committee, Worship Committee, Election Day Bake Sale Committee, Christmas Craft Fair Committee.



Mission Statement: to inspire meaningful purpose in the lives of residents by empowering them with continued growth opportunities for wellness in body, mind and spirit.

The Seven Dimensions of Wellness

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging and well – being so residents can live as fully as possible.

1. **Emotional.** Understanding ourselves, acknowledging and sharing feelings in a productive manner, approaching life with a positive enthusiastic outlook, and coping with the challenges life can bring.
2. **Intellectual.** Opening our minds to new ideas/experiences and engaging in creative pursuits and life – long learning to sharpen the brain.
3. **Physical.** Caring for your body with positive choices to maintain and improve health, strength, flexibility and functional ability.
4. **Vocational.** Making a positive impact contributing to society and gaining personal satisfaction while maintaining balance in our lives.
5. **Social.** Relating, connecting and interacting with people of all ages and establishing and maintaining positive relationships.
6. **Spiritual.** Living with peace and harmony to realize a common purpose in our lives.
7. **Environmental.** Recognizing our own personal responsibility for the quality of air, the water and the land that surrounds us, and making a positive impact on the quality of our surroundings.

 **SpiriTrust Lutheran**®
The Village at Kelly Drive

750 Kelly Drive • York, PA 17404 • www.SpiriTrustLutheran.org

