



Civil War Hobby Group Trip to Gettysburg ... page 13

INSPIRATIONS

Inspiring Things to Do, Learn and Share



“Your life is enriched with meaning when you allow yourself to become inspired, set goals, and charge after them with passion.”

— American Author Dr. Julie Connor

PROGRAM OFFERINGS

*Program offerings are listed alphabetically by category.
For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
WELLNESS		
Fitness Classes		
Spiro100 Classes	varies	2
ZOOM Chair Yoga	Mon	1
ZOOM Fit Medley	Wed	1
ZOOM Zumba	5/3, 6/14	2
Wellness Programs		
Hearing Aid Clinic	5/12	2
Hearing Care Seminar	6/23	2

SPIRIT		
The Gathering Space	5/25, 6/1, 6/8	3
Spiritual		
Faith Sharing	Wedn	3
The Big Fish Story	5/4, 5/11	4
From Garden to Table	5/18, 5/25, 6/1, 6/8, 6/15	4
Bible Study	Thurs	4
Worship Service	Every Other Sun	4

MIND		
Educational Programs		
Classic Movie & Discussion		
Now, Voyager	5/12	7
Shadow of a Doubt	6/16	7
Guitar Lessons	Tues	5
The Nation that Never Was	5/2	5
Spring Life-Long Learning Series	5/8, 5/20, 6/10, 6/17	6
Technology		
Technology and You		
Computer Maintenance & Security	5/31	7
E-mail 102	6/28	7
Creative Arts		
Creative York Art Class Series		
Drawing	5/24	7
Mixed Media	6/28	7

Description	Date	pg
SOCIAL		
All VETS: A Veteran Legacy Project		8
Ice Cream Social	5/16, 6/27	8
Happy Hour	5/27, 6/22	9
Kentucky Derby Party	5/9	9
Movie Matinee	5/4, 6/3	9
Flag Day Ceremony	6/15	9
Theatre		
Sight & Sound Jonah	5/4, 5/11	12
York Symphony Orchestra	5/23	12
Recreational		
Bingo		
Resident Hosted	First Sat	10
Quickel Church	5/16, 6/20	10
Board Game Mixer	2nd Sat	10
Game Night	Fri	9
Mexican Train Dominoes	Sat	9
Pinochle	Sun	9
UNO Flip	varies	9
500	varies	9
Wii Bowling	Mon, Tues	10
Wii Bowling Tournament League	First Thurs	10
Trips		
50+ Expo In Lancaster	5/4	13
Lunch out at C&D Restaurant	6/7	13
Prospect Hill & Cemetery Guided Tour	5/16	13
Civil War Hobby Group Trip to Gettysburg	5/19	13
Susquehanna National Heritage Area Zimmerman Center	5/10	13
York County History Center: Fire Museum	6/29	13
Shopping		
Boscov's & Galleria Mall	5/23, 6/27	14
Walmart	biwkly Wed	14
Weis Market	biwkly Wed	14

Indicates special programming or initiative throughout all SpiriTrust Lutheran® Senior Living Communities.



Please note that programming details are subject to change. Refer to the Monthly Events Calendar or Weekly Update for any additions, deletions and changes.

PROGRAM OFFERINGS

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For program listing by date, refer to Monthly Event Calendar.*

Description	Date	pg
Gardening		
Dirty Fingernails Garden Club	varies	14
Rudy Park Demonstration Gardens	6/9	14
York Master Gardeners Native Plant Sale	5/7	14
Musical Performances		
Pat Kocen Rock & Roll	6/30	12
Singing with Sheila Crew		
A Song for all Seasons	5/3	11
Gaither Concert	5/26, 6/14	11
Outdoor Summer Concert Series		
The Emigsville Band	5/31	12
Red Lion Felton Band	6/21	12
Dining		
CURA Food Demonstration	6/24	11
Destination Dinner Around the World Travel Series:		
Mexico	5/5	10
Kelly Fresh	5/20	10
Pizza Party	4th Thurs	11
Pretzel Sale	3rd Thurs	11
Resident Breakfast	5/24, 6/30	11
Resident Hosted Lunch Out	5/17, 6/21	10
Special Events		
Father's Day Curbside	6/19	11
Memorial Day BBQ Curbside	5/30	11
Mother's Day Curbside	5/10	11

Description	Date	pg
COMMUNITY		
CommUNITY Spirit		
Alzheimer's Association Fundraisers		
Carry-Out for a Cause	2nd Fri	15
Used Book Sale	6/9-6/13	15
Our Community		
Residential Living Association	6/6	16
Committees & Groups	varies	16
The Longest Day	6/21	16



WELLNESS

Taking care of not only your body to maintain and improve physical strength and function but also making positive choices to nourish your body so that it can be as healthy as possible.

Fitness

ONGOING CLASSES

Zoom Chair Yoga

This seated yoga class includes basic traditional postures, flows and balance work. This class will leave you feeling refreshed in mind, body and spirit.

Monday

9:30 am

Fellowship Room for group Zoom class or participate from home

Instructor – Jess Sheahan

Zoom Fit Medley

Start your day with a high energy, low impact exercise class. This class mixes simple choreography and upbeat music for a total body work-out, including a short warm-up, cardio and cool down. This is a standing class that can be modified to be participate from a seated position.

Wednesday

9:30 am

Fellowship Room for group Zoom class or participate from home

Instructor – Jess Sheahan

Zoom Zumba

Zumba is fun movement to upbeat music and dance moves that will get your heart beating and blood flowing for a full body workout. This class can be done in a chair with the option to stand.

Tuesday, May 3

Tuesday, June 14

9:15 am

Fellowship Room for group Zoom class or virtually from home

Instructor: Danny Grae

Spiro100 Exercise Classes

Spiro100 provides web video streaming fitness and wellness classes for older adults, featuring over 140 full-length exercise classes, meditation sessions and educational workshops. Each class is created, produced and led by nationally recognized senior wellness experts to provide a purposeful result driven fitness experience.

Check your monthly calendar for Spiro100 classes



Wellness Programs

BUILDING A BETTER VERSION OF YOU

Are you looking for a little guidance and support to help you maintain your health? Join us as we cover a variety of topics that will increase awareness on health issues that are often taken for granted or ignored. Learn more about resources that can assist you to building better health and a longer more vibrant life.

Hearing Aid Clinic

Bring your hearing aid in for a deep cleaning and check by a qualified representative from Beltone Hearing Aid Center of York.

Thursday, May 12

9:00 am - 11:00 am

Fellowship Room

***Hearing Care Seminar***

Beltone Hearing Aid Center of York will provide an informational presentation about how hearing loss affects people, how hearing works, symptoms and causes of hearing loss, benefits of better hearing and new technology that is available.

Thursday, June 23

10:30am - 11:30am

Fellowship Room



SPIRIT

Nourishing your soul through purposeful, enriching experiences and facing life with enthusiasm and positivity, even in difficult times.

Emotional

The Gathering Space – Connecting Gratitude, Humor and Play

Gather together to explore the power of connection through the practices of gratitude, humor and play. This three-part series will include simple exercises, discussion, and mindfulness practices.

Wednesday, May 25, June 1, 8

4:00 pm

Gazebo

Facilitated by Lauren Eriksen

Spiritual

Faith Sharing

Faith Sharing is a weekly study group in which our chaplain leads participants through spirited discussions, offering opportunities that strengthen individual's religious and spiritual beliefs.

Wednesday

2:00 pm

Fellowship Room

Facilitated by Chaplain Tricia





The Big Fish Story – Part 1

Take a deep dive into the Biblical book of Jonah and the lessons we can learn from this runaway prophet.

Wednesday, May 4



The Big Fish Story – Part 2

See the Big Fish Story on the big screen as we view the Sight and Sound production of “Jonah” and discuss.

Wednesday, May 11

From Garden to Table

Gathering around a meal provides an opportunity for sharing and revelation. This Bible study in the “language of food” will look at how God’s story and our story are revealed in the meal stories of the Bible. Tastings will include jellies, dips, breads, appetizers and soups.

Wednesday, May 18, 25, June 1, 8, 15

Bible Study

This interactive bible study is a resident run weekly study group open to all campus members in which participants are led through spirited discussions, offering opportunities that strengthen individual’s religious and spiritual beliefs by delving into scripture.

Thursday

3:00 pm

Conference Room

Facilitator: Garry Newcomer, Resident

Worship Service

Join us as we come together in the presence of God through song, scripture, prayer, sermon and weekly communion. All services are ecumenical in spirit, and all persons are welcomed and encouraged to participate.

Every other Sunday

3:00 pm

Fellowship Room





Expanding your knowledge, skills and creativity while sharing your knowledge and skills with others.

Education

The Nation that Never Was: Reconstructing America's Story

In this unique class Dr. Roosevelt offers a powerful and inspirational rethinking of our country's history. Professor Roosevelt argues in this eye-opening reinterpretation of the American story our fundamental values – particularly equality – are not part of the vision of the founders. Instead, they were stated in Lincoln's Gettysburg address and were the hope of Reconstruction, when it was possible to envision the emergence of the nation committed to liberty and equality. This alternate understanding of American identity opens the door to a new understanding of our story and ourselves.

Monday, May 2

2:00 pm

Fellowship Room

**Presenter: One Day University with Dr. Kermit Roosevelt III,
University of Pennsylvania Law Professor**

Guitar Lessons

Now is your chance to learn how to play music on the guitar the fun and easy way with one of the areas most accomplished musicians,



Quentin Jones! Quentin Jones is a Hall of Fame guitarist who is endorsed by Gretsch Guitars. In 2016, Quentin was enshrined in the Rockabilly Hall of Fame in Nashville, Tenn. Quentin tours with his band and performs solo. In addition to these accomplishments, Quentin Jones is a gifted guitar teacher and loves to share the love of guitar with new students. This class series provides a solid foundation to learning the basics of guitar. Guitars are provided or you are welcome to bring your own.

Tuesday

11:00 am

Conference Room

Registration Required for new students

Instructor: Quentin Jones



SPRING LIFE-LONG LEARNING CLASS SERIES

Professional experts and teachers come to The Village at Kelly Drive to give lectures on a variety of topics. Each session offers a deep dive into the topic and opportunity to ask questions.

Fridays May 13, 20, June 10, 17

2:00 – 3:00 pm

Fellowship Room

Lewis Miller Chronicler of 19th Century American Life – Art and a Recording of York County Life

Lewis Miller, born in York, Pennsylvania was a Pennsylvania Dutch folk artist noted for his watercolors of historical and every day events. Lewis Miller's depictions of people and their everyday lives have been used repeatedly to illustrate 19th century American life. This class will provide an overview of Miller's art and his recording of York County life.

Friday, May 8

Presenter: June Lloyd, Librarian Emerita at York County History Center & Universal York Blog Author

Normandy, The Invasion June 6, 1944

Historical lecture looking at the unfolding of the Normandy invasion. On D-Day more than 160,000 Allied troops landed along a 50 mile stretch of heavily fortified French coastline to fight Nazi Germany on the beaches of Normandy, France. More than 5,000 ships and 13,000 aircraft supported the D-Day invasion. Gen. Dwight D. Eisenhower called the operation a crusade in which, "we will accept nothing less than full victory."

Friday, May 20

Presenter: Ken Weiler, Published Author on WWII, OLLI Lecturer

Journalism in York County Told Through the Lineage of the York Daily Record

Combining local history and journalism, this class will cross the American Revolution, Civil War, and World War II, among other events up to today as told through the York Daily Record's lineage. We will look at the role of journalism throughout history, local journalism in York County, and how freedom of speech has been protected – and not – over the years.

Friday, June 10

Presenter: Jim McClure, Published York County history author, York Town Blog author, former YDR Editor

Historic Lincoln Highway in York County and Across Pennsylvania

Established in 1913, the Lincoln Highway was America's first coast to coast main street and there is so much history along this historical route. In this lecture Tom will explore historical places that can be found along Lincoln Highway in York and throughout Pennsylvania and why this history is important to preserve.

Friday, June 17

Presenter: Tom Davidson, Managing Partner at Lincoln Highway Legacy, LLC

CLASSIC MOVIE & DISCUSSION

Join Rich Santel for a viewing of a classic movie followed by lively discussion. Movies will be shown on the big screen so prepare to be transported to a movie theater experience.

2:00 pm

Fellowship Room

Facilitator: Rich Santel, OLLI Lecturer

Now, Voyager

“Boston heiress Charlotte Vale (Bette Davis) is a neurotic mess, largely because of her domineering mother (Gladys Cooper). But after a stint in a sanatorium where she receives the attention of Dr. Jasquith (Claude Rains), Charlotte comes out of her shell and elects to go on a cruise. Aboard ship, she meets Jerry (Paul Henreid) and falls in love, despite his being married. They enjoy a brief tryst in Rio before returning to the States, where Charlotte struggles to forget him and find happiness.” (Premiered October 22, 1942 in New York City; run time of 117 minutes)



Thursday, May 12

Shadow of a Doubt

“Uncle Charlie (Joseph Cotton) visits his relatives in Santa Rosa. He is a very charming man, but his niece slowly realizes that he is wanted for murder and he soon recognizes her suspicions. Although one of the suspected murderers is killed and the case is considered closed, she still has her suspicions.” (Premiered January 12, 1943; run time of 108 minutes)



Thursday, June 16

Technology

TECHNOLOGY AND YOU

Here is your chance to learn from the experts! From TV/ Cable equipment to cell phone/ smart phone, tablets/computers and everything in between, you will be embark on a journey of information and fun. Take advantage of this opportunity to take a class on a variety of technology-related topics and receive one-on-one assistance following the class if needed.



Tuesday

10:30am - 12:00pm

Fellowship Room

Instructor: Dante Swinton

Registration required

Computer Maintenance & Security

Learn the basics of keeping your computer clean, secure, and functioning efficiently.

May 31

E-mail 102

Review the basics and move beyond with customization and security.

June 28

Creative Arts

CRAFT CORNER

Creative York Art Class Series

This class, led by Creative York artists will offer a fun way to get your creative juices flowing and try different art techniques. Art classes will feature a variety of different art forms. Classes are open to all experience levels.

Tuesday, May 24: Drawing

Tuesday, June 28: Mixed Media

2:00 pm - 4:00 pm

Fellowship Room

Cost: \$10





SOCIAL

Building healthy, nurturing and supportive relationships as well as fostering a genuine connection with those around you.

ALLVETS: Veteran Legacy Project

ALLVETS is a non-profit organization that collects and shares the stories of veterans. All York County veterans are invited to share and record their military experience with ALLVETS, which will create a 1 hour video recording of your life. Veterans receive a copy of their video to share with loved ones and two other copies will be preserved at the York County Historical Center for viewing. There is no charge for this program and recording can take place at Kelly Drive.

For more information and to participate contact Lauren Eriksen, Community Life Enrichment Director.

Conversation Cafe

Come together with fellow residents to enjoy a fresh cup of coffee or tea, pastries and of course - conversation.

Friday

10:00 am

Fellowship Room



Ice Cream Social

No matter what time of year or how old you are nothing brightens the day more than ice cream. Join fellow community members to enjoy one of life's sweetest treats - ice cream!

2:00 pm

Fellowship Room

May 16: Featured Flavor - Coffee

June 27: Featured Flavor - Rainbow Sherbet

Happy Hour

Why limit happy to an hour? Friends come together to unwind and reminisce in the late afternoon. Enjoy themed appetizers and beverages paired with entertainment.



4:00 pm

Fellowship Room

Registration required

Friday, May 27: Rock & Roll Happy Hour with Quentin Jones

Wednesday, June 22: Mixer & Network Connection Game with Occasions DJ

Resident Highlight: Movie Matinee

Enjoy an afternoon at the movies - right here at The Village at Kelly Drive. Each month features a movie from the collection of resident Judy Becker.

2:00 pm

Fellowship Room

Friday, May 4: Oklahoma!

Friday, June 3: A Walk in the Clouds

Kentucky Derby Party

Horse Races, Fancy Hats and Mint Juleps....The Kentucky Derby comes to The Village at Kelly Drive and everyone is invited! Don a fancy hat, dress up and enjoy an afternoon full of everything Kentucky Derby - including a horse race!

Monday, May 9

3:00 pm

Fellowship Room

Flag Day Ceremony with Elks Lodge

Flag Day commemorates the adoption of the flag of the United States in June 1777. The Elks Lodge is presenting a Flag Day ceremony.

Wednesday, June 15

2:30 pm

Fellowship Room

Recreational**Game Night**

Whether the card game is played with a traditional deck or game specific cards, campus residents are sure to find a favorite game or try their "hand" at a new one.

Friday

6:00 pm

Fellowship Room

Resident Spotlight: Mexican Train Dominoes with Charlie Topper

The object of this game is for a player to play all the tiles from their hand onto one of the "trains" coming from the "central station." Both new and experienced players are welcome to join the fun.

Saturday

6:00 pm

Fellowship Room

Pinochle

Pinochle is a trick-taking, Ace-Ten card game typically for two to four players. Players score points by trick-taking and also by forming combinations of cards into melds. New players welcome.

Sunday

4:00 pm

Fellowship Room

500

Score points through bidding and winning tricks as a partnership team. A trick is created by each player taking a turn playing a card into the middle, with the winner being the player with the highest ranking card. Be the first team to 500 points to win the game! New players always welcome.

Fellowship Room

Check calendar for dates

Organizer: Myrtle McCleary, resident

UNO Flip

Rediscover the classic game of UNO - with a twist! Featuring a double sided deck for double the fun, new cards such as “draw five” and “skip all” you will quickly realize why UNO Flip has become such a favorite game to play. New players welcome.

Fellowship Room

Check calendar for dates

Organizer: Myrtle McCleary, resident

BINGO

This well-known game is always a hit!

Join friends from throughout the campus in the Fellowship Room for a spirited game played for prizes.

1st Saturday

2:00 pm

Fellowship Room

Host: Resident Volunteers

Monday, May 16

Monday, June 20

6:00 pm

Fellowship Room

Host: Quickel Church Resident Volunteers

Board Game Mixer

Scrabble, Yahtzee, Monopoly, Sorry and more! Enjoy an afternoon of board games with friends. Choose from the variety available or bring your own to play.

2nd Saturday

2:00 pm

Fellowship Room



Wii Bowling

Come join the The Village at Kelly Drive Team for a great time participating in Wii bowling! You don't need experience; the team will teach you all the skills you need to know!

Monday & Tuesday

4:00 pm

Fellowship Room

Wii Bowling Tournament League Games

Enjoy some friendly competition amongst friends showing off your Wii bowling skills! Games are open to Wii bowler players and spectators who wish to cheer on the bowlers.

First Thursday

9:30 am - 12:00 pm

Dining

Resident lunch out

Hosted by residents, there's nothing quite like sitting around with friends having great conversations over a delicious meal. Dine at various restaurants in the area and beyond. Cost will vary by restaurant and is the responsibility of the diner.

Tuesday, May 17: Our Place with Resident Host Gloria Goodyear

Tuesday, June 21: Manchester Café with Resident Host Eva Mae Slauch
1:00 pm arrival at restaurant
Registration required

DESTINATION DINNER:

Around The World Travel Series

Join CURA Dining for a culinary experience that will have you traveling the world from the comfort of The Village at Kelly Drive! Jet off to a different country every other month via a delicious meal and themed program.

Thursday, May 5: Celebrate Cinco de Mayo in Mexico

4:30 pm

Fellowship Room

Registration required

More details coming in upcoming newsletters

Kelly Fresh

Take the stress out of cooking and learn new recipes! Simply pick the meal choice you are interested in and CURA dining will deliver you everything you need - recipe, ingredients and directions.

Friday, May 20

3:00 pm Delivery

Registration required

Menu feature details coming in upcoming newsletters

CURA Food Demonstration: Strawberry Fitzgerald over Ice Cream

Learn how to make a new dish start to finish in this interactive food demonstration.



Experienced CURA chef will lead the program and you will be able to watch the meal come to life right before your eyes. A tasting of the featured item will follow the demonstration.

Friday, June 24

2:00 pm

Fellowship Room

Registration required

Resident Breakfast

Start your morning off right with good food and good friends. Enjoy a hearty breakfast prepared by our talented culinary team. Residents with a birthday that month are treated to a complimentary breakfast.

Tuesday, May 24

Thursday, June 30

9:30 am

Fellowship Room

Cost: \$9.00

Registration required

Pizza Party

Enjoy pizza from a favorite local pizza parlor! Meal includes pizza, salad and drinks.



4th Thursday of each month

4:30 pm

Fellowship Room

Cost: \$5.00

Registration required

Pretzel Sale

Enjoy deliciously fresh Epex soft pretzels.

3rd Thursday of the month

8:30 am - 9:30 am

Family Lounge

Cost: \$1.25

Registration required

Special Events

CURBSIDE TO GO

Mother's Day Curbside Meal

Sunday, May 10

1:00 pm

Pick-up from Front Entrance

More details coming in upcoming newsletters

Memorial Day BBQ Curbside Meal

Monday, May 30

1:00 pm

Pick-up from Front Entrance

More details coming in upcoming newsletters

Father's Day Curbside Meal

Sunday, June 19

1:00 pm

Pick-up from Front Entrance

More details coming in upcoming newsletters

Entertainment

MUSICAL ENTERTAINMENT

A Song for all Seasons

Join Shelia and sing along. This program features songs celebrating every season.

Tuesday, May 3

2:00 pm

Fellowship Room

Host: Sheila Crew, Resident

Gaither Concert

Known worldwide for its award winning and top selling recordings, many Gaither productions have been certified gold, platinum or multi-platinum. Performances showcase gospel music pioneers and have been performed in world-renowned venues such as Carnegie Hall, The Kennedy Center, The Sydney Opera House and the Red Rocks Amphitheater. Each month features a different Gaither Concert.

Thursday, May 26: Gaither Presents the Booth Brothers – Country Roads

Tuesday, June 14: Gaither Concert: Passing the Faith Along

1:00 pm

Fellowship Room

Host: Judy Becker, Resident

Pat Kocen Rock & Roll Entertainment**Tuesday, June 30****2:00 pm****Fellowship Room**

Pat Kocen plays '50s rock 'n' roll favorites and old-time country classics featuring artists like Elvis Presley, Hank Williams, Buddy Holly and the Everly Brothers. With his talent and ability to get the crowd involved, it is no wonder that you'll find yourself singing, laughing, and maybe even getting up to dance!

OUTDOOR SUMMER CONCERT SERIES

Enjoy a summer evening outdoors with friends as you take in a festive outdoor concert. Ice cream treats will be available to enjoy.

Front Parking Lot**The Emigsville Band**

The Emigsville Band was founded in 1878 and has been entertaining audiences ever since. Today the band has a membership of over 50 instrumentalists and performs many concerts each season for community events across Central Pennsylvania.

Tuesday, May 31**6:00 pm****The Red Lion Felton Band**

The Red Lion Felton Band is a community staple, as it was formed July 4, 1932 as the Red Lion Concert Band, and the Felton Band and the Felton Band was established in 1892.



These bands merged to become the Red Lion Felton Band in April 1972 and have been entertaining community members across Pennsylvania, Maryland, New Jersey and Delaware for over 128 years. The Red Lion Felton Band provides a full band experience that continues to be a community favorite.

Tuesday, June 21**6:30 pm****Theatre****Jonah Sight & Sound Show & Discussion**

This two-part Bible story program will deep dive into the story of Jonah who learns all about receiving grace and extending mercy.

This interactive program will include showing Sight & Sound's Jonah theatre show followed by a discussion.

Wednesday, May 4 & May 11**2:00 pm****Fellowship Room****Facilitator: Chaplain Tricia****York Symphony Orchestra Streaming at Kelly Drive: Season Finale Beethoven 9**

In celebration of Beethoven's 250th birthday, the York Symphony Orchestra and Chorus performs Beethoven's final masterpiece, Symphony No. 9. Beethoven's 9th

has brought countries together in harmony and celebration of monumental events in history. The work's enduring grandeur along with the incorporation of Friedrich Schiller's Ode to Joy continues to inspire composers and music enthusiasts.

Monday, May 23**4:00 pm Doors open for refreshments****4:30 pm Concert Starts****Fellowship Room****Registration required**

Trips

50+ Expo in Lancaster

The 50+ Expo provides information to help you lead a healthy, happy life. You will find a wide variety of vendors offering a variety of services, information and products. In addition, guests enjoy door prizes, entertainment, seminars, health screenings and more throughout the day.

Wednesday, May 4

Bus departs from front entrance at 9:30 am

Registration required

Susquehanna National Heritage Area Zimmerman Center & Native Lands Heritage Trail

History programs and exhibits have a special focus on the Susquehannock who lived in this area. America's first water based National Historic Trail, the 3000-mile long John Smith Chesapeake Trail highlights the natural history and 17th century American Indian societies of the bay and its rivers, along with Captain Smith's voyages on these waterways in 1607-1609. We will have a guided tour of the historic house and an opportunity to explore the nature trail and view of the Susquehanna River.

Tuesday, May 10

Bus departs from front entrance at 12:30 pm

Registration required

Prospect Hill & Cemetery Guided Tram Tour

Founded in 1849 Prospect Hill is a private cemetery that includes numerous historic graves including those of Declaration of Independence signer Philip Livingston, Civil War Union Corps Commander William Buell Franklin, and Civil War Industrialist Arthur Briggs Farquhar. Soldiers Circle is dedicated to the many Union dead buried in the cemetery. On this guided trolley tour we will visit Civil War era residents, the Iraq/Afghanistan War flag memorial, Court of Valor and Safe Keepers Shrine Memorials, one of the oldest buildings designed by J.A. Dempwolf, and some of the finest cemetery sculpture in the nation. Tour will be 1.5 hours on the tram and include some walking to historical cemetery sites.

Monday, May 16

Depart Front Entrance at 9:30 am

Registration required

Civil War Hobby Group Trip to Gettysburg

Seminary Ridge Museum and Education Center is housed in the historic Gettysburg Lutheran Seminary building, the most important building on the nation's most important battlefield. Three floors of exhibits connect individuals and groups to the dilemmas that led to the Civil War, provide a powerful and personal view of the battle's first day, and show the work of one of the battlefield's largest hospitals. Following the museum there will be a lunch out at a local Gettysburg restaurant.

Thursday, May 19

Bus departs from front entrance at 10:00 am

Registration required

Facilitated by Gene Burk and Cliff Billet , residents

Lunch out at C&D Restaurant

C&D Bar & Grill is a casual, fine dining restaurant located just outside of the quaint historic town of New Oxford. The menu highlights classic culinary cuisine with a twist using fresh and local ingredients, created and prepared by Chef Charlie Kalathas, a graduate of the Culinary Institute of America in New York City.

Tuesday, June 7

Bus departs from front entrance at 12:00 pm

Registration Required

York County History Center: Fire Museum

Located in the historic 1903 Royal Fire House, the museum allows visitors to see how York Firefighters worked, lived and played. The building holds more than 225 years of firefighting equipment representative of the 72 fire companies of York County. Exhibits on display include six fire trucks ranging from the 1920s to the 1950s, hand-drawn pumpers, uniforms and historic alarm systems.

Wednesday, June 29

Bus departs from front entrance at 10:00 am

Registration Required

Gardening

Dirty Fingernails Garden Club

Join the Kelly Drive garden club, which helps pick out flowers to plant at The Village at Kelly Drive and maintains several raised garden beds and pots around campus. Whether you are – or used to be – a seasoned gardener or just enjoy being outside and want to learn more, you are invited to be a part of this fun group. In addition to garden projects around campus, the garden club enjoys garden tours, classes and more throughout the season.



York Master Gardeners Native Plant Sale at Rudy Park

Plant growers from around the region will offer a large selection of native plants for sale including trees, shrubs and flowering perennials suited for our area. Master Gardener experts will be on hand to answer your gardening questions and help you decide on the best plants for your needs. In addition, the Kilted Griller will be offering a variety of breakfast and lunch items for sale and musical entertainment provided by Celtic Wood and Wires.

Saturday, May 7

Depart Front Entrance at 9:30 am

Registration Required

Rudy Park Demonstration Gardens

The Gardens at John Rudy County Park began in 1999 to display Penn State Gardener Selects Trials to determine how well annuals, perennials, vegetable and woody plants selected by Penn State grow under local conditions. The Demonstration Gardens have grown to two-thirds of an acre and include a thriving vegetable garden, a raised herb garden, perennial and annual beds, a garden accessible to the physically challenged, fruit beds, and even a compost demonstration site garden. Water gardens, container gardens, native plant and pollinator habitat gardens are also included. We will have a guided tour by Penn State Master Gardeners.

Thursday, June 9

Depart Front Entrance at 9:30 am

Registration required

Shopping

Walmart

Every other Wednesday

Depart Front Entrance at 10:30 am

Registration Required

Weis Market

Every other Wednesday

Depart Front Entrance at 10:30 am

Registration Required

Boscov's & Galleria Mall

Monday, May 23

Monday, June 27

Depart Front Entrance at 11:00 am

Registration required





COMMUNITY

Making a positive impact, be it in the community reaching out to help others or improving the quality of our environment.

*“The best way to find yourself, is to lose yourself in the service to others.”
— Mahatma Gandhi*

CommUNITY Spirit

Alzheimer’s Association fundraising events

SpiriTrust Lutheran is a proud supporter of the Alzheimer’s Association and all residents are invited to join in these fun events to support our fight against Alzheimer’s.

Carry-Out for a Cause to Benefit the Alzheimer’s Association

Enjoy a delicious lunch for a good cause! Each month features a special menu.

Second Friday of the month

12:00 pm pick-up from The Corner Cupboard

\$10

Registration Required

Used Book Sale to Benefit the Alzheimer’s Association

Update your book collection by picking up a few new favorites to read. Curated from resident and team member book donations, books on a variety of genres will be available.

Thursday, June 9 – Monday, June 13

11:00 am – 1:00 pm

Family Lounge



The Longest Day

The Longest Day is the day with the most light - the summer solstice. People from across the world come together to fight the darkness of Alzheimer's through a fundraising activity of their choice. Join SpiriTrust Lutheran, The Village at Kelly Drive residents, team members and families for a special day of fun, fellowship and fundraising for the Alzheimer's Association. The day will conclude with an outdoor concert for all to enjoy.

Tuesday, June 21

More details coming in upcoming newsletters



SERVING WITHIN OUR COMMUNITY COMMITTEES & GROUPS

Interested in providing input and insights to living at The Village at Kelly Drive? Participating in one of our advisory role committees may interest you. Ask a member of the Residential Living Association Board or Life Enrichment Director for more details on a specific committee and how to become involved. We offer a variety of advisory committees, including:

Resident Council, Social Committee, Welcoming Committee, Building & Grounds Committee, Dining Committee, Worship Committee, Election Day Bake Sale Committee, Christmas Craft Fair Committee.

Residential Living Association Meeting

These meetings provide residents information about community news, updates from department managers and resident committee reports.

June 6

2:00 pm

Fellowship Room



Mission Statement: to inspire meaningful purpose in the lives of residents by empowering them with continued growth opportunities for wellness in body, mind and spirit.

The Seven Dimensions of Wellness

Our Spirit360™ program fully integrates seven dimensions of wellness to encompass every aspect of life, supporting active aging and well – being so residents can live as fully as possible.

1. **Emotional.** Understanding ourselves, acknowledging and sharing feelings in a productive manner, approaching life with a positive enthusiastic outlook, and coping with the challenges life can bring.
2. **Intellectual.** Opening our minds to new ideas/experiences and engaging in creative pursuits and life – long learning to sharpen the brain.
3. **Physical.** Caring for your body with positive choices to maintain and improve health, strength, flexibility and functional ability.
4. **Vocational.** Making a positive impact contributing to society and gaining personal satisfaction while maintaining balance in our lives.
5. **Social.** Relating, connecting and interacting with people of all ages and establishing and maintaining positive relationships.
6. **Spiritual.** Living with peace and harmony to realize a common purpose in our lives.
7. **Environmental.** Recognizing our own personal responsibility for the quality of air, the water and the land that surrounds us, and making a positive impact on the quality of our surroundings.

 **SpiriTrust Lutheran**®
The Village at Kelly Drive

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